

# Antiretroviral medications for Pre-Exposure Prophylaxis (PrEP), Post Exposure Prophylaxis (PEP) and HIV Treatment for New York State Medicaid Members

Effective April 1, 2023 all New York State Medicaid members have the [NYS Medicaid Pharmacy Program \(NYRx\)](#) as their pharmacy benefit.

## Pre-Exposure Prophylaxis (PrEP)

PrEP consists of Truvada, Descovy or Apretude taken by an HIV negative person to remain HIV negative.

- **The initial prescription for a PrEP medication does not require prior authorization.** For subsequent prescriptions the patient must have an HIV negative test documented in within the last 120 days. If testing can be confirmed, in the patients' medical history, claims should 'auto-bypass' (i.e., not require prior authorization). If testing cannot be identified in the patients' medical history prior authorization will be required to confirm the patient is HIV negative.

To obtain prior authorization please call the NYRx Clinical Call Center at 877-309-9493 or fax the [Standard Prior Authorization Form](#) to 1-800-268-2990

## Post-Exposure Prophylaxis (PEP)

PEP (with Truvada plus raltegravir being the most common regimen) consists of 28 days of therapy to prevent HIV.

- **Prescriptions for PEP do not need prior authorization** and regimens for up to 28 days of therapy should 'auto-bypass'.
- If the 'auto-bypass' does not occur, please call the NYRx Clinical Call Center at 877-309-9493 and inform the representative that the medication is for PEP.

## HIV Treatment

For a person new to NYRx (the Medicaid Pharmacy Program):

- Absence of evidence of covered diagnosis or antiretroviral therapy in patient's claims history will require prescriber involvement (i.e., prior authorization).
- It is beneficial to complete the [Standard Prior Authorization Form](#). This will provide the HIV diagnosis and antiretroviral history that is needed to obtain prior authorization for the medications.
- Once the NYRx claim system can identify the necessary medical data in the patient's history an 'auto bypass' may be instituted.