

VIRTUAL HEALTH IS FOR EVERYONE!

Getting virtual healthcare has become very popular. COVID-19 has shown us that virtual health really works for some of us. Here are some answers to questions you might have about participating in virtual healthcare.



WHAT IS VIRTUAL HEALTH?

Virtual health is a way for you to get healthcare from your home or a nearby community provider.



GET MORE INFO

TYPES OF VIRTUAL HEALTH OPTIONS

- Video
- Phone
- Email
- Text



VIRTUAL SERVICES ARE CONFIDENTIAL?

- You should be informed if the session is being recorded or part of a conference call
- You have the right to end the session at any time
- Your information is safe



AVAILABLE SERVICES

- Primary care
- Support groups
- Harm reduction
- PrEP, PEP, Mental Health, Substance Use Counseling, *HIV Self Testing
- Case Management, Sexual Health Assessment

**call provider to confirm service options/availability*



THE BENEFITS OF VIRTUAL HEALTH

- Convenient
- Safe
- Provides access to healthcare in remote areas



EQUIPMENT NEEDED

Depending on the type of visit:

- Stable internet
- Smartphone /Computer (private/public)
- Cell Phone or Landline Telephone



PREPARING FOR A VIRTUAL APPOINTMENT

Make sure you...

- Confirm what type of virtual method will be used
- Have a private space
- Write down questions to discuss with your healthcare provider - [You're in Charge Appointment Brochure](#)

FOR MORE INFORMATION CONTACT YOUR HEALTHCARE PROVIDER



FIND A PROVIDER NEAR YOU

CLICK HERE



Department of Health

Infographic content developed by the New York State HIV Advisory Body