

Post-exposure prophylaxis (PEP) for measles exposures in people who are NOT pregnant or immunocompromised



Age range	Measles immune status ^a	PEP type depending on time after initial exposure		
		≤3 days (≤72 hours)	4-6 days	>6 days
All ages	Immune (IgG positive, 2 MMR doses, or born before 1957)	<ul style="list-style-type: none"> PEP not indicated. Exposed person has documented immunity. 		
<6 months	Non-immune (due to age)	<ul style="list-style-type: none"> Give intramuscular immunoglobulin (IMIG)^{b,c} Home quarantine^d for 28 days after last exposure 		<ul style="list-style-type: none"> PEP not indicated (too late)^e Home quarantine^d for 21 days after last exposure
6-11 months	Non-immune (due to age)	<ul style="list-style-type: none"> Give MMR vaccine (preferred over IG) No quarantine needed if MMR PEP given 	<ul style="list-style-type: none"> Give intramuscular immunoglobulin (IMIG)^{b,c} Home quarantine^e for 28 days after last exposure 	<ul style="list-style-type: none"> PEP not indicated (too late)^e Home quarantine^d for 21 days after last exposure
≥12 months	Non-immune (0 MMR doses or IgG negative)	<ul style="list-style-type: none"> Give MMR vaccine No quarantine needed if MMR PEP^f given 	<ul style="list-style-type: none"> PEP not indicated (too late)^e Home quarantine^d for 21 days after last exposure; give MMR vaccine to protect from future exposures 	
	1 dose of MMR	<ul style="list-style-type: none"> Give 2nd MMR dose if ≥28 days from last dose of live vaccine No quarantine needed 	<ul style="list-style-type: none"> Give 2nd MMR if not up-to-date.^g No quarantine needed. 	
	Unknown measles immune status (adults only) ^h	<ul style="list-style-type: none"> Give MMR vaccine No quarantine needed if MMR PEP^f given 	<p><u>Household member of a confirmed/suspected case</u></p> <ul style="list-style-type: none"> Obtain IgG titers to determine immunity. Home quarantine while awaiting results; if IgG negative, quarantine for 21 days after last exposure (too late for PEP)^e <p><u>Healthcare worker or Daycare worker</u></p> <ul style="list-style-type: none"> Obtain titers to determine immunity. Furlough while awaiting results; if IgG negative, quarantine for 21 days after last exposure (too late for PEP)^{d,e,f,g} <p><u>Other</u></p> <ul style="list-style-type: none"> Consider titers to determine immunity; if IgG negative, quarantine for 21 days after last exposure (too late for PEP)^{d,e} 	

^a All persons exposed to measles must be notified of their exposure.

^b For patients who receive IG, provide these instructions: [Instructions for People Exposed to Measles Who Received IG](#).

^c Dosing of intramuscular IG for infants aged <12 months is 0.5 mL/kg of body weight (max dose 15mL). Administration of MMR or varicella vaccines must be delayed by 6 months after administration of intramuscular IG and by 8 months after intravenous IG. IG prolongs the incubation period to 28 days

^d When instructing home quarantine, ensure that all household members of the exposed individual are immune to measles.

^e For patients who do not receive PEP, provide these instructions: [Instructions for People Exposed to Measles Who Are Not Immune and Did Not Receive Postexposure Prophylaxis](#)

^f Healthcare workers who are non-immune should be excluded from work from day 5 after 1st exposure through day 21 after last exposure, regardless of receipt of PEP.

^g Acceptable presumptive evidence of immunity definitions: www.cdc.gov/mmwr/preview/mmwrhtml/rr6204a1.htm#Tab3; Note: 2 MMR doses or positive IgG titers are recommended for healthcare workers and other high-risk adults. This is a requirement for childcare staff in NYC only (not in the rest of the State).

^h Children (0 through 18 years of age) with unknown immunity to measles should be treated as non-immune until documentation of immunity is obtained.

References: CDC. Prevention of Measles, Rubella, Congenital Rubella Syndrome, and Mumps, 2013. MMWR. 2013:62(4);

Rubin et. al. 2013 IDSA Clinical Practice Guideline for Vaccination of the Immunocompromised Host. CID. 2014:58. ^oopens in Health Commerce System

Post-exposure prophylaxis (PEP) for measles exposures in people who ARE pregnant or immunocompromised



Department of Health

Category	Age range	Measles immune status ^a	PEP type depending on time after initial exposure		
			≤3 days (≤72 hours)	4-6 days	>6 days
Severely Immunocompromised ^b	<12 months	Will need IG regardless of measles immune status	<ul style="list-style-type: none"> Give intramuscular immunoglobulin (IMIG)^{c,d} Home quarantine^e for 28 days after last exposure 		<ul style="list-style-type: none"> PEP not indicated (too late)^f Home quarantine^e for 21 days after last exposure
	≥12 months		<ul style="list-style-type: none"> Give intravenous immunoglobulin (IVIG)^{c,d} Home quarantine^e for 28 days after last exposure 		
Pregnant	n/a	Immune (IgG positive or 2 MMR doses)	<ul style="list-style-type: none"> PEP not indicated. Exposed person has documented immunity. 		
		Non-immune (IgG negative)	<ul style="list-style-type: none"> Give intravenous immunoglobulin (IVIG)^{c,d} Home quarantine^e for 28 days after last exposure 	<ul style="list-style-type: none"> PEP not indicated (too late)^f Home quarantine^e for 21 days after last exposure 	
		Unknown immunity	<ul style="list-style-type: none"> Draw titers (measles IgG) STAT to determine immunity; proceed as above based on titer results 	<ul style="list-style-type: none"> PEP not indicated (too late)^f Consider titers to determine risk of infection/risk to infant; proceed as above based on titer result 	

^a All persons exposed to measles must be notified of their exposure.

^b Management of immunocompromised persons can be challenging and may require individualized decisions with provider based on immunocompromising condition or medications.

Severely immunocompromising conditions* include:

- Severe primary immunodeficiency;
- Bone marrow transplant until >12 months after finishing all immunosuppressive treatment, and may be longer in patients who have developed graft-versus-host disease;
- On treatment for acute lymphoblastic leukemia (ALL) within and until >6 months after completion of immunosuppressive chemotherapy;
- On cancer chemotherapy**
- Post solid organ transplantation**
- Receiving daily corticosteroid therapy with a dose >20mg (or >2 mg/kg/day for patients who weigh <10kg) of prednisone or equivalent for >14 days
- Receiving certain biologic immune modulators, such as tumor necrosis factor-alpha (TNF-α) blockers or rituximab**
- After hematopoietic stem cell transplant, duration of high-level immunosuppression is highly variable and depends on type of transplant (longer for allogenic than autologous), type of donor and stem cell source, and post-transplant complications such as graft vs. host disease and their treatments**
- AIDS or HIV with severe immunosuppression defined as CD4 <15% (all ages) or CD4 count <200 lymphocytes/mm³ (aged >5 years).

Low-level immunosuppression: In the absence of published guidance on exposed persons with low-level immunosuppression, consider assessing presumptive immunity to measles (measles IgG positive or 2 MMR vaccine doses) to determine if PEP is indicated. If not immune to measles, give PEP as MMR (if not contraindicated* and within 72 hours of initial exposure). Consider intravenous IG if MMR is contraindicated* or if it is too late for MMR (day 4-6 after initial exposure) with home quarantine for 28 days after last exposure. If no PEP is given because it is too late, home quarantine for 21 days after last exposure.

^c For patients who receive IG, provide these instructions: [Instructions for People Exposed to Measles Who Received IG](#)^o

^d Dosing of intramuscular IG (IMIG) for infants aged <12 months: 0.5 mL/kg of body weight (max dose 15mL). Dosing of intravenous IG for pregnant women not immune to measles and immunocompromised persons: 400 mg/kg. MMR or varicella vaccine administration must be delayed by 6 months and 8 months after intramuscular and intravenous IG, respectively. IG prolongs the incubation period to 28 days. Reference: www.cdc.gov/mmwr/preview/mmwrhtml/rr6204a1.htm

^e When implementing home quarantine, ensure that all household members of the exposed individual are immune to measles.

^f For patients who do not receive PEP, provide these instructions: [Instructions for People Exposed to Measles Who Are Not Immune and did not receive Postexposure Prophylaxis](#)^o

* References: CDC. Prevention of Measles, Rubella, Congenital Rubella Syndrome, and Mumps, 2013. MMWR. 2013;62(4); Rubin et. al. 2013 IDSA Clinical Practice Guideline for Vaccination of the Immunocompromised Host. CID. 2014;58.

** Check guidance/discuss with treating provider as duration of immunosuppression during or following chemotherapy, transplants, or biologic immune modulators may vary.

^o Opens in Health Commerce System

NOTE: Guidance around quarantine may change in times of measles outbreaks; please contact NYSDOH for further information.