



Regional Alzheimer’s Disease Caregiver Support Initiative

We are a network of ten organizations across New York State (NYS), which have developed programs that support family caregivers who care for New Yorkers living with Alzheimer’s disease and related dementias (ADRD).

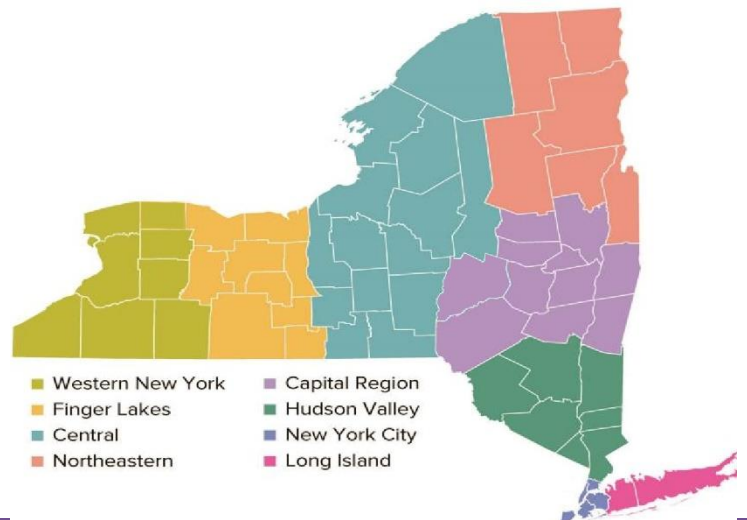
We strive to provide a safety net for caregivers of individuals with ADRD by recognizing and addressing the need for supports and stress reduction.

We offer evidence-based or evidence-informed strategies and initiatives to develop a robust and innovative array of core caregiver support services within every county of NYS. Each regional initiative offers:

- Caregiver Assessments.
- Outreach to and Engagement with Underserved Communities.
- Caregiver Support and Engagement Activities, such as:
 - Support Groups;
 - Joint Enrichment Activities; and/or
 - Caregiver Wellness Programs.
- Caregiver Education.
- Respite.

“You came into our lives at just the right time. You made such a difference for dad. His final months were happy, and he felt useful, valued and loved by everyone. I am sure there are many more lives for you to touch, families who need you.”

New York State Caregiver, Capital Region



Regional Caregiver Support Initiatives

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| <ul style="list-style-type: none"> • Eddy Alzheimer’s Services - Northeast Health
Capital Region • Alzheimer’s Association
Central New York • Lifespan of Greater Rochester, Inc.
Finger Lakes • Alzheimer’s Association
Hudson Valley • Parker Jewish Institute for Health Care and Rehabilitation
Long Island | <ul style="list-style-type: none"> • New York University
Manhattan • Presbyterian Senior Services
Bronx, Brooklyn, Staten Island • Sunnyside Community Services, Inc
Queens • Alzheimer’s Association
Western New York • The State University of New York at Plattsburgh
Northeastern New York |
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The Impact of Alzheimer's Disease and Other Dementias

New York State by the Numbers

"Being a dementia caregiver has its challenges. With this funding, NYS ensures that caregivers do not face obstacles alone. The initiative provides a support network, along with hope for caregivers who want to keep their loved one at home, for as long as possible."

The Eddy, CSI of the Capital Region

The impact of ADRD in New York State:

- 426,500 New Yorkers are 65+ and living with Alzheimer's disease (AD).
- By 2025, NYS is projected to experience a 12.2% increase in people 65 years and older living with AD, meaning a projected 460,000 New Yorkers needing care for AD.
- Medicaid costs are projected to increase 15.6% to \$6.3 billion by 2025 for individuals living with ADRD in New York.

The Impact of ADRD in the United States:

- One in three seniors die of Alzheimer's or another dementia, making AD the sixth leading cause of death in the United States.
- By 2060, the number of Americans 65 years and older living with AD is projected to total 13.8 million, doubling from 6.9 million in 2024.
- In 2024, the cost of health and long-term care in the US for people with ADRD is estimated to total \$360 billion, with an additional \$347 billion attributed to unpaid caregiving by family and friends.
- Sixty percent of caregivers of people living with ADRD were employed while providing care, with 57% of those caregivers reporting an inability to maintain regular work schedules.
- Fifty-five percent of primary care providers believe that there are not enough dementia care specialists to care for the growing number of people with ADRD.

Source: 2024 Alzheimer's Disease Facts and Figures (Alzheimer's Association)

New York State Department of Health Alzheimer's Disease Program

The Alzheimer's Disease Caregiver Support Initiative has served all 62 counties across New York State with the following services (2016-2023):

- 231,500 consultation services
- 25,500 support group sessions
- 14,900 education opportunities
- 982,000 hours of respite care
- 76,000 ADRD diagnostic assessments
- 225,000 referrals to community-based services
- Trained 143,000 physicians, healthcare providers, and students on the detection, diagnosis, treatment, and care management of individuals living with ADRD.