

Sample Problem/ Strength Menu in BASICS Hierarchy Model

The identified problem is a 4lb. weight loss over the past month. This problem puts the resident at risk under the **Activities of Daily Living** level of need.

The strengths listed below were identified by reviewing the resident's record and by obtaining information about the problem from the resident's primary caregivers on every shift. They will be used to develop strength based care plan approaches.

Problem Index	Dimension of Need	Strength Index
Strengths are Outcome Goals for Problem Intervention		
<i>Resident has had a decline in ability to accomplish ADL's</i>	Activities of Daily Living Attaining personal needs that support lifestyle. Eating Mobility Dressing Toileting Personal Hygiene	<i>Resident is able to self-perform all or part of ADL's</i>
Primary problem: Gerald has lost 4lbs. in the last month		Gerald is able to drink fluids independently with sippy cup
Gerald is fed pureed food by staff, cannot feed self (eats food with hands only)		Is able to eat desired finger foods with limited assistance and encouragement
Change in ADL function in last 90 days (deteriorated- does not feed himself main part of meal)		Gerald believes he is capable of increased independence in at least some ADL's -he would like to be allowed to feed himself again.
		Direct care staff believe resident is capable of increased independence in at least some ADL's -they have seen Gerald feed himself finger foods he likes.