

## Sample Problem/ Strength Menu in BASICS Hierarchy Model

The identified problem is a 4lb. weight loss over the past month. This problem puts the resident at risk under the **Symbolic** level of need.

The strengths listed below were identified by reviewing the resident’s record and by obtaining information about the problem from the resident’s primary caregivers on every shift. They will be used to develop strength based care plan approaches.

Problem Index	Dimension of Need	Strength Index	
<b>Strengths are Outcome Goals for Problem Intervention</b>			
<i>Resident has had a decline in ability to meet symbolic needs</i>	<b>Symbolic</b>	<i>Resident is able to self-perform all or part of symbolic needs</i>	
Primary Problem: Gerald has lost 4lbs. in the last month		Beliefs	Gerald finds strength in faith, spiritual/religious activities
Expresses feelings of “ <i>being of no use to anyone anymore</i> ”		Hopes	Expresses satisfaction with life for short time when listening to poetry read by his favorite night shift CNA.
Repetitive calling out “ <i>God help me</i> ” when refusing to open mouth for pureed food at meals.		Dreams	Smiles and jokes with ex-dining room tablemate when he visits 1x per week.
Expresses a feeling of hopelessness with life in the home		Values	
		Autonomy	
	Sense of Peace in the Universe According to Belief		