

**Example of Caregiver Actions to meet resident needs using EDGE Caregiver Goals on the ADL Level:**

<b>Activities of Daily Living Level of BASICS Need</b>	
What does the resident need to obtain the everyday necessities of life (e.g., information, income, source and availability of fuel, supplies, clothing, ability to walk, climb stairs, dress, bathe, groom, clean and maintain self, availability and means of receiving medical care).	
<b>Examples of Action to Meet ADL Needs</b>	<ol style="list-style-type: none"> <li>1. Provide two choices of outfit each day.</li> <li>2. Assist with bathing.</li> <li>3. Give verbal prompts to guide ambulation toward desired location.</li> <li>4. Assist to comb hair during AM care.</li> </ol>

<b>EDGE Caregiver Goal Questions</b>	<b>Examples Of Caregiver Action To Provide Quality Care</b>
<i>How can we:</i>	<i>When assisting with bathing resident:</i>
1. <i>help the resident feel safe?</i>	1. Know and follow the resident's preferred bathing ritual.
2. <i>help the resident feel physically comfortable?</i>	2. Keep the resident covered as much as possible and adjust the temperature of the room to the resident's preference.
3. <i>help the resident experience a sense of control?</i>	3. Give the resident as many choices about bathing as possible: time of day (arrange time with resident if possible), type of bath, temperature of water, clothes to put on after bath, lotion or cream used.
4. <i>help the resident feel valued as a person?</i>	4. Try to make the experience as enjoyable as possible for both of you. Listen to the resident and try to accommodate his/her wishes as much as possible.
5. <i>help the resident experience optimal stimulation?</i>	5. Allow the resident to help with as much of the bathing process as capable of: give wash cloth to wash face, put lotion on upper body, ask to hold towel and powder, ask to hold up extremities as washed.
6. <i>help the resident experience pleasure?</i>	6. Use favorite scents, allow few minutes to enjoy them. Allow time to let resident feel water or experience bubbles, put on favorite soothing music, enjoy experience with resident

<b>Document "Quality Moments" under ADL level of BASICS: (Those times when you witnessed that "spark of life" in the resident)</b>
<b>For example:</b> <i>Irene was less agitated during bathing today when her favorite bath oil was used, "This reminds me of when I used to bathe at home".</i>
<b>Meeting the care plan goal that Irene will be less agitated during bathing 1x per week for the next 4 weeks.</b>
<b>What other level of BASICS Needs were met for Irene through A Gentle Bathing Program?</b>

<b>EDGE Interventions to Meet ADL Needs:</b>	A Gentle Bathing Program
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