

Edge Environmental Considerations Checklist The Breakfast (Lunch or Supper) Club				
Physical Environment:				
How can we help the resident to feel physically comfortable?				
Answer each question and describe the resident's reactions:				
1. Will the room accommodate cooking safely? a. Is there adequate table or counter space for food preparation? <i>Residents' reaction:</i>	Yes		No	
2. Is it free from distractions or noise from other activities? <i>Residents' reaction:</i>	Yes		No	
3. Does the room have: adequate lighting, favorable acoustics? <i>Residents' reaction:</i>	Yes		No	
4. Is there room to navigate with wheelchair and walker? <i>Residents' reaction:</i>	Yes		No	
5. Are there visual cues to the activity? For example: a kitchen set up? <i>Residents' reaction:</i>	Yes		No	
6. Is it accessible to bathroom facilities? <i>Residents' reaction:</i>	Yes		No	
Social Environment:				
How can we help the resident feel valued as a person?				
Answer each question and describe the resident's reactions:				
1. Does the facilitator greet the participants by their preferred name? <i>Residents' reaction:</i>	Yes		No	
2. Does the facilitator introduce the participants to each other and use their names each time addressed to help everyone become familiar with each participant's names (including staff participants)? <i>Residents' reaction:</i>	Yes		No	
3. Is the same ritual followed each time the club meets? <i>Residents' reaction:</i>	Yes		No	
4. Does the facilitator give the participants the opportunity to complete tasks they are capable of accomplishing even when it takes longer? <i>Residents' reaction:</i>	Yes		No	
5. Does the facilitator allow each of the participants to make choices during the group? <i>Residents' reaction:</i>	Yes		No	

Psychological Environment: How can we help the resident to feel safe?				
Answer each question and describe the resident's reactions:				
1. Does the facilitator provide positive feedback and reinforcement to responses by participants? <i>Residents' reaction:</i>	Yes		No	
2. Does the facilitator maintain an adult level of conversation in a patient and cheerful manner? a) Does the facilitator accept all responses, even silence, graciously? <i>Residents' reaction:</i>	Yes		No	
3. Are there any factors in the setting that are frightening or upsetting to the resident? <i>Residents' reaction:</i>	Yes		No	
4. Is there someone who the resident feels comfortable with in attendance? <i>Residents' reaction:</i>	Yes		No	
5. Are many sensory cues present? For example: The smell of coffee, a tea pot whistling, the smell and look of flowers on the table, the feel and look of the resident's own familiar apron as it is handed to the participant to put on. <i>Residents' reaction:</i>	Yes		No	
6. Is there someone in the group that causes a negative reaction in the resident? a) How can this be handled? <i>Residents' reaction:</i>	Yes		No	
Cultural Environment: How can we help the resident to experience optimal stimulation?				
Answer each question and describe the resident's reactions:				
1. Are familiar breakfast rituals followed? i.e.: The making of coffee, toast, and setting the table? <i>Residents' reaction:</i>	Yes		No	
2. Are simple straightforward directions given for each task? a) Are tasks broken down into steps that residents with dementia can follow and directions given one at a time? <i>Residents' reaction:</i>	Yes		No	
3. Are familiar conversation cues used? For example: "Good Morning Mary." "Doesn't the coffee smell good?" "Would you like to make the toast?" <i>Residents' reaction:</i>	Yes		No	