

## Arrange the Flowers



Encourage the resident to remove the flowers from the wall-hung vase and rearrange them in the vases as they wish. This item is especially useful for women of all functioning levels who crave sensory activity. This item is also good to use for down time between meals. It is a familiar homelike task oriented activity.

**Cues for this action:** “Here are some flowers that you can remove from the vase and arrange as you would like.” *Demonstrate* - Remove the flowers from one of the vases and then rearrange the flowers in the vase. *Now cue* - “You take flowers out of one of the vases and arrange them as you wish.”

### **Promotes:**

1. Reaching and range of motion of upper extremities.
2. Focus and concentration.
3. Abilities and interests from past.
4. Eye-hand skills.

### **Discussion ideas**

Did you have a flower garden?

Did you ever work in a florist shop?

Did you have flower arrangements in your home?

What is your favorite type of flower?

### **Need:**

Assortment of plastic or silk flowers. Make sure the flowers don't come off the stems easily.

Don't include any “berries” or flowers that contain small pieces.

Include enough stems for three small floral arrangements.

Three colorful plastic mugs (select softer plastic such as used in inexpensive commuter mugs), or other plastic containers that can be used as wide-mouthed flower vases.

A prepared 2x2 board.

Screws to attach the mugs or other “vases” to the plywood.

**Instructions:**

Drill holes in the mugs or other vases and attach them with screws at different heights on the plywood.

Trim the flower stems if they are too long sit securely in the vases. If you have to trim the stems, make sure there are no rough ends of wires sticking out.

