

LOOK INSIDE COMPARTMENTED PLASTIC TACKLE BOX



Encourage the resident to sort through the fishing box and look at the various types of fishing tackle. The resident can also unwind and rewind the fishing line present on the inside and the outside of the fishing box. This item is especially useful for men of all functioning levels who are craving hand activity.

Cues for this action: "Here is a fishing box. Let's open it up and see what is inside." *Demonstrate* - Show the resident how to open the box and take out some pieces of fishing tackle inside the box. Also, can show the resident how to unwind and rewind the fishing line present on the inside and outside of the box. *Now cue* - "Now you open the fishing box and see what is inside."

Promotes:

1. Focus and concentration.
2. Use of hands and fingers.
3. Diversional activity when residents needs distraction.
4. Abilities and interests from past.

Discussion ideas:

Did you use to fish?

What kind of fish did you catch?

Where did you go fishing?

Who did you go fishing with?

Did you enjoy eating the fish that you caught?

Instructions:

LOOK-INSIDE COMPARTMENTED PLASTIC TACKLEBOXES

Choose a medium-size plastic "tacklebox" that has:

- several compartments
- easy-to-open catches
- an easy-to-hold handle

Using wide cellophane tape and glue, attach labels on both sides of the box/case that say “LOOK INSIDE”. Or write the words directly on the box/case with “dimensional fabric & craft paint” available at fabric and craft stores.

Include “treasures” in the box/case’s compartments.

Make sure the items are safe, and that they can’t be pulled into pieces small enough to eat.

Don’t include any items that look like or smell like food.

REMOVE ALL HOOKS

***Review the contents of the box/case with nursing or activity staff at the facility**

Do include:

- work gloves
- bandanas
- small picture books of fish, water fowl, etc.
- small rulers
- several bobblers
- rubber worms, spinners, etc.
- brochures about fishing derby
- small pads of paper
- small mail order catalogs of outdoor clothing/equipment
- men’s sun glasses
- wind-up reels with a few inches of fish line (put a weight at the end of the line)
- key rings with keys no longer needed by you

Buettner, L. & Greenstein, D. (1997). Simple Pleasures: A multi-level sensorimotor intervention for nursing home residents with dementia. (Training manual and instructions)