



# Department of Health

**KATHY HOCHUL**  
Governor

**JAMES V. McDONALD, MD, MPH**  
Commissioner

**JOHANNE E. MORNE, MS**  
Executive Deputy Commissioner

December 30, 2025

DAL: DAL ACF-25-25  
Subject: Adult Care Facility Dietary  
Regulation Interpretive Guidelines

Dear Adult Care Facility Administrator:

As part of its ongoing attempts to provide the Adult Care Facility industry with clarity it needs to successfully operate in substantial compliance, the Department of Health (“Department”) assembled a stakeholder workgroup to review dietary regulations at Title 18 of New York Codes, Rules, and Regulations, Sections 487.8 and 488.8. These regulations are traditionally among the highest volume areas of resident-initiated complaints and grievances. The workgroup was tasked with developing the enclosed Interpretive Guidance as an informational tool designed to increase performance consistency and resident satisfaction.

The Department thanks the workgroup stakeholder participants for their input and assistance to develop this material.

If you have any questions regarding this communication, please write to the Division of Adult Care Facility and Assisted Living Surveillance at [acfinfo@health.ny.gov](mailto:acfinfo@health.ny.gov).

Sincerely,

KellyAnn Anderson, Director  
Division of Adult Care Facility  
and Assisted Living Surveillance

Enclosure

cc: Dr. Fish  
V. Deetz  
C. Rodat  
H. Hayes  
K. Walker  
Dr. J. Moore  
R. Buono  
W. McBride