

Exhibit E ALR # 1

McHarrie Pointe
Addendum to the Residency Agreement

**Specialized Programs, Staff Qualifications and
Environmental Modifications**

Specialized Services:

The Operator will provide a comprehensive and coordinated program of specialized services to regularly observe and assess - in a professional, respectful, competent, and timely manner – Your need for these specialized services in the Residence.

Specialized services are defined as:

- the use of gait belts
- assistance with transfers or ambulation
- assistance with durable equipment such as commodes, enabler bars, walkers, and wheelchairs
- assistance with medical equipment such as: glucometers, nebulizers, oxygen and/or C-PAP (continuous positive airway pressure)
- assistance with unmanaged incontinence
- colostomy/urostomy care
- urinary catheter care

Specialized nursing services would include:

- skilled nursing assessment
- dressing changes
- administration of injections
- administration of PRN medications
- ear irrigation
- lung or bowel auscultation
- instillation of eye drops, ear drops, and/or nasal sprays
- application of topical medications
- administration of rectal suppositories or enemas
- medication administration with vital sign parameters
- skilled observations which need to be reported to a physician

1. Supervision:

- a. The Operator will maintain knowledge of Your general whereabouts.
- b. If You are absent from the Residence and Your whereabouts are unknown, the Operator will:

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- i. Undertake immediate efforts to locate You;
- ii. Notify the Police and the Department of Health's regional office; and
- iii. Notify Your family and representative, unless a different arrangement was agreed to in the Residency Agreement.

2. Case Management:

- a. The Operator will assist You to maintain family ties by assisting Your family and representatives to:
 - i. adjust to and remain involved with Your initial placement and continued residence at the Residence;
 - ii. establish, operate, and maintain individual and collective methods or recommendations for change or improvement in Residence operations and programs regarding both individual and congregate Resident-related issues; and
 - iii. remain active in Your care planning and remain informed in a timely manner about significant issues regarding Your care, supervision needs and changes made to Your Individualized Service Plan.
- b. Residence staff will note in Your Individualized Service Plan and case management records if You exhibit disruptive or aggressive behavior or resist the provision of personal care services by Residence staff and include a plan for addressing such behavior or services.

3. Activities:

- a. The Operator will provide frequent individual and group activities which are geared toward individuals with Enhanced needs and which are meaningful to all the Enhanced Assisted Living Residents. This programming will be based upon initial and on-going historical and current interests, assessments, and observations.
- b. The Operator will provide sufficient staff to ensure that activities programs are available throughout every day and evening.
- c. Weather permitting, You will have the opportunity to, and be encouraged to, go outdoors each day with appropriate and sufficient supervision.

4. Food Service:

- a. The Operator will offer food to You outside of usual meal times and in a manner that is acceptable to You and appropriate for Your functional abilities, preferences and needs. Your Individualized Service Plan will reflect these needs and preferences.

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5. Community-Based Individual and Agency Linkages:

- a. The Operator will undertake initial and on-going efforts to establish community-based individual and agency linkages and contacts, specific to Your needs.

Staffing Levels:

The Operator will employ sufficient staff on all shifts to supervise You and respond to Your needs. At a minimum, unless waived by the Department of Health, this will include:

1. Resident Care Aide (RCA) and/or Home Health Aide (HHA) staff to provide direct care and assistance with medications on all shifts as needed to meet the needs of the residents; and
2. A registered professional nurse on-call and available for consultation 24 hours per day, seven days a week, if not available on-site; and
3. Additional nursing coverage, as determined to be necessary and documented by Your medical evaluation, or otherwise by Your attending physician and/or Individualized Service Plan.

Training:

The Operator will employ individuals who are appropriately trained, experienced, licensed and/or certified, if applicable, to care for You.

1. All staff will receive an initial orientation to their respective position, duties, responsibilities, and McHarrie Pointe policies, procedures, and standards.
2. Resident Care Aides (RCA's) will receive a minimum of 40 hours of training to include general facility orientation, personal care duties, and, if applicable, medication assistance.
3. Currently certified Home Health Aides (HHA's) will receive a general facility orientation plus and additional facility specific training required to supplement their HHA training.
4. In addition to the training required by the Department of Health, some home health aides and nurses may receive training in first aid and medication assistance, and all will be thoroughly oriented to procedures to be followed in emergency situations, as approved by the Department.

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Environmental Modifications:

The Operator will provide the following design features to protect Your health, safety and welfare:

1. An automatic sprinkler system throughout the building;
2. A supervised smoke-detection system throughout the building, including all bedrooms;
3. A fire protection system directly connected to the local fire department, or to a 24-hour attended central station;
4. Handrails on both sides of all Resident-use corridors and stairways;
5. A centralized emergency call system in all bedrooms, easily reachable from bedside, and in all Resident-use toilet and bathing areas, easily reachable from each fixture;
6. Smoke barriers to divide each floor into at least two smoke compartments; neither of which shall have corridors exceeding 100 feet in length;
7. Bedrooms limited to single or double occupancy;
8. Minimum corridor widths of 60 inches; and
9. Minimum door widths of 32 inches to assure wheelchair accessibility.