

**SPECIAL NEEDS ASSISTED LIVING RESIDENCE
ADDENDUM TO
RESIDENCY AGREEMENT**

This is an addendum to a Residency Agreement made between _____
ARCADIA MANAGEMENT, INC. (the "Operator"), _____, (the
"Resident" or "You"), _____ (the "Resident's Representative"),
_____, (the "Resident's Legal Representative"). Such
Residency Agreement is dated _____.

This addendum adds new sections and amends, if any, only the sections specified in this addendum. All other provisions of the Residency Agreement shall remain in effect, unless otherwise amended in accordance with this Agreement. This addendum must be attached to the Residency Agreement between the parties.

I. Special Needs Assisted Living Certification.

The Operator is currently certified by the New York State Department of Health to provide Special Needs Assisted Living at The Arbors Assisted Living at Islandia East
(Name of Residence)
located at 1515 Veterans Memorial Highway, Islandia, New York, 11749
(Address)

II. Request for and Acceptance of Admission

You or Your Resident Representative or Legal Representative have requested that You become a Resident at this Special Needs Assisted Living Residence (the "Residence") and the Operator has accepted such request.

III. Specialized Programs, Staff Qualifications and Environmental Modifications

Attached as Exhibit S.N.# 1 and made a part of this Agreement is a written description of:

- Specialized services to be provided in the Special Needs Residence;
- Staffing levels

APPROVED BY	
DIVISION OF ADULT CARE FACILITIES & ASSISTED LIVING SUPERVISOR	
WINDHAM REGIONAL OFFICE	
INITIALS <u>SZ</u>	DATE <u>3.8.19</u>

- Staff education and training and work experience, and professional affiliations or special characteristics relevant to serving persons with specific special needs;
- Any environmental modifications that have been made to protect the health, safety and welfare of Residents.

IV. Addendum Agreement Authorization.

We, the undersigned, have read this Addendum Agreement, have received a duplicate copy thereof, and agree to abide by the terms and conditions therein.

Dated: _____

(Signature of Resident)

Dated: _____

(Signature of Resident's Representative)

Dated: _____

(Signature of Resident's Legal Representative)

Dated: _____

(Signature of Operator or Operator's Representative)

APPROVED BY	
DIVISION OF ADULT CARE FACILITY & ASSISTED LIVING SURVEILLANCE	
INTERDISCIPLINARY OFFICE	
INITIALS <u>SZ</u>	DATE <u>3, 8, 19</u>

ARCADIA MANAGEMENT, INC.

Exhibit S.N.# 1

SPECIAL NEEDS PROGRAM

Alzheimer's & Related Disorders

Philosophy

To preserve the resident's dignity, improve the quality of life and maximize the level of functioning in a stress-minimizing environment with enhanced safety features.

Specialized Services / Programs

- ❖ Provide an atmosphere of safety and security through environmental modifications and staff approaches.
- ❖ Promote self care to maintain dignity. Encourage the individual to do much for him/herself as possible while providing support to minimize frustration.
- ❖ Provide for spiritual needs through religious programming and discussion.
- ❖ Maximize cognitive skills in daily interactions as well as recreational programming.
- ❖ Provide a supportive environment to allow residents to vent frustration, anxiety and agitation.
- ❖ Deal with the paradoxes that affect residents with Alzheimer's and related disorders such as stimulation versus quiet time and solitude.
- ❖ Activity programs are an important part of the quality of life for each resident. After a full evaluation by the Resident Director, meaningful activity programs are developed that respond to the resident's needs, interest and backgrounds while taking into considering the resident's physical and cognitive abilities. A monthly activity calendar is prepared designed specifically for the Special Needs Assisted Living Residence. Programs provide a stimulating and structured environment.
- ❖ Physical activities to improve or maintain muscle tone and range of motion as well as reduce tension, anxiety and excessive energy, i.e. exercise, walking, movement to music, relaxation
- ❖ Activities that support cognitive function, i.e. word games, educational programs, current events, card games, reminiscing, trivia
- ❖ Activities that foster socialization, i.e. intergenerational programs, community groups, entertainment, parties, sing-a-longs, family functions
- ❖ Sensory to stimulate the senses, i.e. religious services, discussion groups, reminiscing, art classes
- ❖ Off-unit and out of residence activities, i.e. trips, tours, outdoor programs, walks
- ❖ **Social Contact**
Visitors are encouraged and always welcome. There are no scheduled visiting hours. We encourage visitors including families and friends to participate with the resident in the various activities offered as well as attend social gatherings, parties, meetings, etc. Offered at the Residence.

APPROVED BY	
DIVISION OF ADULT CARE FACILITIES & ASSISTED LIVING SURVEILLANCE	
WYOMING REGIONAL OFFICE	
INITIALS	DATE
SZ	3, 8, 19

❖ **Optional Resident/Family Services**

In addition to the support provided by Residence's staff, support groups and information regarding dementia are available through our relationship with the Long Island Alzheimer's Association. We also have arrangements for individual counseling, psychological services, emergency medical transportation, podiatry, vision, consulting medical and home care services through private providers. These services are subject to the resident/responsible party's approval and are not included in the Residence's fee.

❖ **Medication Management**

Our medication management plan which complies with 18 NYCRR 487.7(f) is included in our part II application which was previously submitted in February 2005. The use of PRN medication at the SNALR will be limited to those cases where the physician has determined that after review with facility staff that there is no alternative. As the unit will be staffed with licensed and/or registered nurses during the day and evening shifts, residents will be assisted with PRN medications by a licensed medical professional. Should you require additional information, please let us know.

❖ **Record Keeping**

Our system for record keeping complies with 18 NYCRR 487.10 is included in our part II application which was previously submitted in February 2005. Should you require additional information, please let us know.

Staff Qualifications

- ❖ On staff we have a Program Director, Safe Care Leads, Case Manager, Recreation Director, Maintenance, Housekeeping, Porter, Receptionist, Recreation aides and Wellness staff –includes Care specialists and Medication Technicians.
- ❖ Staff working with individuals with Alzheimer's and related disorders receive education specific to caring for this population including the care of the cognitively impaired, managing behaviors and understanding Alzheimer's disease.

Staffing Levels

- ❖ When operating at full census capacity (57 residents) and at full staffing capacity there would be a staff to resident ratio of 5:1.

Environmental Modifications

- ❖ It is a secured environment with delayed egress to exit doors. All doors to hallways, stairwells, and to the outside patio area are secured by alarm.

APPROVED BY	
DIVISION OF ADULT CARE FACILITY & ASSISTED LIVING SURVEILLANCE	
NYSDOH REGIONAL OFFICE	
INITIALS SZ	DATE 3 8 19

- ❖ We provide areas for residents to be outdoors when weather permits to maintain ambulatory skills and mobility through exercise. Outdoor patio with outside garden area. This is surrounded by a secured and locked enclosed fencing.
- ❖ We provide 2 activity rooms, 3 dining rooms, a Wellness office and 3 floors of common areas and bedrooms.
- ❖ This environment has smoke detectors in hallways and in all bedrooms, activity areas and common areas.
- ❖ There are policies and procedures for emergency planning/evacuations along with ongoing fire drills regulated by NYSDOH.
- ❖ To enhance the safety of our residents, the exit doors of the Special Needs Assisted Living Residence (SNALR) are equipped with an alarm system that prevents egress unless the security code is entered into the alarm unit. Exit doors also have a 15-second delay system that allows staff to respond and redirect the resident to avoid the resident exiting the area. Should a fire emergency occur, this system deactivates allowing the doors to open immediately. The system is tested weekly, biweekly, monthly, and daily to assure functionality. Residents are accounted for throughout the day including at change of shift, meal times, at 11:59 p.m. when the resident census is completed and periodically throughout the night.
- ❖ **Disaster and Emergency Plan**
Our disaster and emergency plan which includes evacuation of the existing dementia unit is included in our Part II application which was previously submitted in February 2005. Should you require additional information, please let us know.

Initiated 7/05

APPROVED BY	
DIVISION OF ADULT CARE FACILITIES ASSISTED LIVING SURVEILLANCE	
NYSDOH REGIONAL OFFICE	
INITIALS <u>SZ</u>	DATE <u>3 / 8 / 19</u>