

Special Needs Assisted Living Residence Addendum to the Residency Agreement

This is an addendum to a Residency Agreement between YALR Operating, LLC (the "Operator"), _____ (the "Resident" or "You"), _____ (the "Resident's Representative"), _____ (the "Resident's Legal Representative").

Such Residency Agreement is dated _____.

This addendum adds new sections and amends, if any, only the sections specified in this addendum. All other provisions of the Residency Agreement shall remain in effect, unless otherwise amended in accordance with this Agreement. This addendum must be attached to the Residency Agreement between the parties.

I. Special Needs Assisted Living Certification

The Operator is currently certified by the New York State Department of Health to provide Special Needs Assisted Living at Yorktown Assisted Living Residence located at 2276 Catherine Street, Cortlandt Manor, NY 10567.

II. Request for and Acceptance of Admission

You or Your Representative or Legal Representative have requested that You become a Resident at this Special Needs Assisted Living Residence (the "Residence") and the Operator has accepted such request.

III. Specialized Programs, Staff Qualifications and Environmental Modifications

Attached as Exhibit S.N.1. and made a part of this Agreement is a written description of:

- Specialized services to be provided in the Special Needs Residence
- Staffing levels
- Staff education and training and work experience, and professional affiliations or special characteristics relevant to serving persons with specified special needs
- Any environmental modifications that have been made to protect the health, safety, and welfare of Residents

APPROVED BY	
DIVISION OF ADULT CARE FACILITY & ASSISTED LIVING SURVEILLANCE	
NYSDOH REGIONAL OFFICE	
INITIALS <u>SZ</u>	DATE <u>7</u> / <u>8</u> / <u>22</u>

IV. Addendum Agreement Authorization

We, the undersigned, have read this Addendum Agreement, have received a duplicate copy thereof, and agree to abide by the terms and conditions therein.

Resident Signature

Dated

Signature of Resident's Representative

Dated

Signature of Resident's Legal Representative

Dated

Signature of Operator or Operator's Representative

Dated

APPROVED BY	
DIVISION OF ADULT CARE FACILITY & ASSISTED LIVING SURVEILLANCE	
NYSDOH REGIONAL OFFICE	
INITIALS <u>SZ</u>	DATE <u>7</u> / <u>8</u> / <u>22</u>

EXHIBIT S.N.1.

SPECIALIZED PROGRAMS, STAFF QUALIFICATIONS, AND ENVIRONMENTAL MODIFICATIONS

1. Specialized Services to Be Provided in the Special Needs Residence

- Supervision
 - the operator shall maintain knowledge of the general whereabouts of each resident
 - sufficient staff to supervise residents and respond to their needs
- Medication Management
 - provide assistance with medication
- Case Management Services
 - provide assistance with adjustment to the residence
 - timely response to any signification issues regarding the resident's care and supervision needs and changes to the resident's service plan.
- Activities
 - the Operator shall provide frequent individual and group activities which are geared towards individuals with special needs and which are meaningful to the residents
 - weather permitting, residents shall have the opportunity and be encouraged to be outdoors, each day
- Food Services
 - food is offered and available to the resident outside of usual mealtimes

2. Staffing Levels for 40 Residents

- Day Shift: 7 AM – 3 PM
 - License Practical Nurse – 1
 - Home Health Aide – 4
- Evening Shift: 3 PM – 11 PM
 - License Practical Nurse – 1
 - Home Health Aide – 4
- Night Shift: 11 PM – 7 AM
 - License Practical Nurse – 1
 - Home Health Aide – 2
- Other Staff
 - Activity/Recreation - 1-2
 - 7 Days a week 9 AM – 5 PM

APPROVED BY	
DIVISION OF ADULT CARE FACILITY & ASSISTED LIVING SURVEILLANCE	
NYSDOH REGIONAL OFFICE	
INITIALS <u>SZ</u>	DATE <u>7</u> / <u>8</u> / <u>22</u>

- Case Management – 1
 - Monday – Friday 9 AM – 5 PM
 - Available via phone 24 hours a day/7 days a week
- Director of Clinical Operations – Registered Nurse – 1
 - Monday – Friday 9 AM – 5 PM
 - Available via phone 24 hours a day/7 days a week
- Administrator – 1
 - Monday – Friday 9 AM – 5 PM
 - Available via phone 24 hours a day/7 days a week

3. Staff education and training

Qualifications

NYS License Practical Nurse

NYS Certified Home Health Aides

Orientation

Upon hire, all Staff are orientated to the Mission and Philosophy of Yorktown Assisted Living Residence.

On-Going Training

Person Centered Care

Annual In-Services

- Improving
Nutritional
Status
Occupational
Health and
Safety Stress
Management
Bloodborne
Pathogens
- Fire Safety
- Psychology of Aging
- Infection Control Measures
- Dementia – A Therapeutic
Environment Back Safety
- Resident Rights Death

APPROVED BY	
4	
DIVISION OF ADULT CARE FACILITY & ASSISTED LIVING SURVEILLANCE	
NYSDOH REGIONAL OFFICE	
INITIALS <u>SZ</u>	DATE <u>7</u> / <u>8</u> / <u>22</u>

- and Dying
- Communicating with Dementia Residents
- Fire Safety Training
- Full House Evacuation

4. Environmental

The building was designed and approved as a Memory Support Program prior to the approval of the Special Needs Assisted Living Residence. The Residence is organized as a secured unit that is equipped with delayed egress doors to prevent wandering. Window openings are limited to prevent accidents and elopement. The entire facility is equipped with a sprinkler system throughout, emergency call bells in all resident rooms and bathrooms, smoke corridors, and supervised smoke detection systems for Resident safety. Secured outdoor recreational areas are also available for Residents to safely enjoy the outdoors.

5. Resident Services

The philosophy of Yorktown Assisted Living Residence is to promote an independent lifestyle with supportive services. Resident services offered by professional staff offer security, safety and peace of mind for residents and their families. In addition to supervision and assistance with the activities of daily living, residents will be encouraged to participate in lively social activities, exercise programs and regular outings. A full-time social worker and wellness manager implement and promote involvement in programs.

Staff will be assigned to a group of residents to maintain continuity and to help the residents feel a sense of familiarity and security. There will be an emphasis on learning (from the family/responsible parties) as much as practical about the resident's background, interests, needs, and desires. This will assist all staff in the residence in communicating with the residents, understanding their behaviors, and helping the residents throughout the day. There will also be an emphasis on team problem solving. The staff will be considered problem solvers and will be given structured opportunities to jointly develop and share approaches to assisting residents that work best with each resident.

Professional staff will assist residents throughout the day in all aspects of activities of daily living. There will be multiple opportunities for residents to pursue and be involved in activities, programs, events, and tasks that are of interest and that are fulfilling to them. Group programs and activities will be led by trained staff on a daily basis and there will be multiple opportunities for dual programs geared to interest and functional ability of residents. Staff will involve individual and small groups of residents in tailored activities and tasks on a regular basis. Staff will implement an individualized approach to activities and programming that will ensure that the cultural, spiritual, diversional,

APPROVED BY	
5	
DIVISION OF ADULT CARE FACILITY & ASSISTED LIVING SURVEILLANCE	
NYSDOH REGIONAL OFFICE	
INITIALS	DATE
SZ	7 / 8 / 22

physical, political, social and intellectual interests of each resident will be addressed.

Social groups will be arranged to include all residents, according to their desires and interests. These groups will vary in size but will generally be small in nature and include an aide, who will both monitor and participate in the activity. Rest periods will be scheduled periodically, according to individual resident need.

In accordance with resident desires and preferences, planned activities will include exercise programs, field trips, arts and crafts and holiday events. In addition to promoting the formation of resident groups, Yorktown Assisted Living Residence will make residents aware of opportunities for socialization and activities outside the facility. Cultural activities will include, but not be limited to, musical performances, art classes and speakers' series. Spiritual offerings will include weekly communion, non-denominational services and religious study. Physical health will be promoted through regularly scheduled workout programs that include walking clubs, and exercise led by both facility staff and others who will supplement these activities such as dance instructors and personal trainers. Weekly outings to area grocery stores, concerts, and restaurants will keep residents connected to the community. A wellness manager will be employed 37.5 hours per week and wellness leaders will comprise an additional 84.55 hours a week.

APPROVED BY	
DIVISION OF ADULT CARE FACILITY & ASSISTED LIVING SURVEILLANCE	
NYSDOH REGIONAL OFFICE	
INITIALS <u>SZ</u>	DATE <u>7</u> / <u>8</u> / <u>22</u>