

Medicaid covers doula services.

Is a doula right for you?



What is a Doula?

- A doula provides physical, emotional, educational, and non-medical support for pregnant and postpartum persons before, during, and after childbirth or end of pregnancy.
- Doula support should not replace medical care with a licensed provider.

What Services Does a Doula Provide?

Doula services may include:

- The development of a birth plan;
- Ongoing support throughout the pregnancy;
- Continuous labor support during childbirth;
- Education and information on pregnancy, childbirth and early parenting;
- Assisting with communication between you and your medical providers, and;
- Connecting you to community-based childbirth and parenting resources.

Am I Eligible for Doula Services?

- If you are a New York State Medicaid Member, you are eligible to receive doula services with each pregnancy.
- You can receive up to 8 doula visits before and after your pregnancy and support during childbirth - no matter how your pregnancy ends.
- You can receive doula services up to 12 months after your pregnancy ends.

How Much Will Doula Services Cost Me?

- Doula services provided by Medicaid-enrolled doulas will not cost you anything.



Learn more about the
doula services benefit:
health.ny.gov/doula



**Department
of Health
Medicaid**