NEW YORK STATE | Department of Health

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Minimum Needs Requirements

Frequently Asked Questions for Individuals

Minimum Needs Frequently Asked Questions for Individuals

Q1. Where can someone seeking services find more information about the New York Independent Assessor?

A. You can find more information about:

- How to enroll in a Managed Long Term Care Plan
- How to receive Personal Care services and Consumer Directed Personal Assistance Services

by visiting the NYIAP website here: https://nyindependentassessor.com/en/faqs

Q2. What are the Minimum Needs Requirements?

A. The Minimum Needs Requirements are two independent requirements. Individuals must meet one of these requirements if they want to request enrollment into a Managed Long Term Care plan or Personal Care/Consumer Directed Personal Assistance Services. Individuals must meet either of the below:

- Need hands-on physical help with more than 2 activities of daily living
    - Note: More than 2 ADLs means needs assistance with at least 3 ADLs.
- Have a dementia or Alzheimer's diagnosis, and also need to be supervised during more than 1 activities of daily living.
    - Note: More than 1 ADLs means needs to be supervised during at least 2 ADLs.

Q3. What are Activities of Daily Living?

A. Activities of daily living are basic tasks related to your self-care. These tasks can include:

- Bathing or showering
- Personal hygiene such as hair, tooth, and nail care
- Getting dressed
- Eating your meals
- Getting in and out of bed or getting up from a chair
- Walking and getting around in your home
- Using the bathroom

Q3. What if I was already enrolled in an MLTC Plan before September 1, 2025?

A. If you have remained enrolled in an MLTC Plan since September 1st, 2025, you will not need to meet the Minimum Needs Requirements.

Q4. What if I was receiving PCS/CDPAS services prior to September 1, 2025?

A. If you were receiving PCS/CDPAS services before September 1st, 2025, you will not have to meet the Minimum Needs Requirements to continue receiving those services.

Q5. Do the Minimum Needs Requirements apply to children seeking PCS/CDPAS?

A. No. The Minimum Needs Requirements apply to adult Medicaid recipients age 21 or older.

Q6. Do the Minimum Needs Requirements apply to children seeking MLTC Plan Enrollment?

A. No. The Minimum Needs Requirements apply to adult Medicaid recipients age 18 or older who are seeking enrollment into a Managed Long Term Care plan.

Q7. Do individuals need to meet the Minimum Needs Requirements to access Adult Day Health Care or Certified Home Health Agency services?

A. No. Individuals do not need to meet Minimum Needs Requirements to access Adult Day Health Care services or Certified Home Health Agency services.

Q8. Where can the Alzheimer's Disease or Dementia Diagnosis Verification form DOH-5821 be obtained?

A. The Alzheimer's Disease or Dementia Diagnosis Verification form (DOH-5821) can be located on or printed from:

- The New York State Department of Health's website: https://www.health.ny.gov/forms/doh-5821.pdf.

- The New York Independent Assessor Program's website: https://nyindependentassessor.com/en/learn/how-to-get-services-for-alzheimer-s-disease-or-dementia

You may also call NYIAP. Phone number: 1-855-222-8350 to request the form be mailed to you.

Q9. How do I submit my Alzheimer's Disease or Dementia Diagnosis Verification form to the New York Independent Assessor (NYIAP)?

A. Your Alzheimer's Disease or Dementia Diagnosis form must be completed prior to the completion of your NYIAP Assessment. To submit the form, bring the form to your assessment appointment **and** submit the form to NYIAP via Fax: 1-917-228-8601.