

SUPPORTIVE HOUSING SPOTLIGHT

New York State Department of Health

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Medicaid Redesign Team Supportive Housing

The [Medicaid Redesign Team Supportive Housing Initiative](#) was developed to address the social determinants of health. Programs provide supportive housing to high-need Medicaid participants through rental subsidies, supportive housing services and capital projects.

Homeless to Housed in Long Island

Today, Peter Stabile, a 68 year old Long Island resident, enjoys living independently in his own apartment and is feeling optimistic about his future. At this time last year, his outlook was much different.

“The first time you saw me, I was a mess. I was depressed and in a bad place. Now I feel great. I like where I'm living and I'm happy,” said Peter in a recent conversation with the Senior Supportive Housing Services (SSHS) team at Catholic Charities.



Peter Stabile in his apartment; May, 2016

“The first time you saw me, I was a mess. I was depressed and in a bad place. Now I feel great. I like where I'm living and I'm happy.” - Peter Stabile

Peter was referred to [Catholic Charities - Rockville Centre](#) roughly one year ago. When the supportive housing team – a case manager, a social worker, and a nurse – first met with Peter, he exhibited signs of depression and anxiety. He also had a history of harming himself and had attempted suicide in the past.

Prior to receiving services, the only housing available to Peter was a temporary place to sleep on his friend's couch. When issues related to alcohol abuse caused him to be displaced, Peter found himself desperate for housing and wrap around services.

Through SSHS, funded by the MRT Supportive Housing Initiative, Peter was able to access the resources he needed to begin rebuilding his life. The team at Catholic Charities worked closely with Peter to prioritize his health needs and helped him apply for subsidized housing.

Thanks to the MRT Supportive Housing Initiative and coordinated services at Catholic Charities, Peter is finally living safely in his own apartment with the supportive services and in-home care he needs.