

## SUPPORTIVE HOUSING SPOTLIGHT

New York State Department of Health

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## Medicaid Redesign Team **Supportive Housing**

The Medicaid Redesign Team Supportive Housing Initiative was developed to address the social determinants of health. Programs provide supportive housing to high-need Medicaid participants through rental subsidies, supportive housing services and capital projects.

## Housing and Social Support in New York City

Today, Ms. C., an 85 year old supportive housing resident at Goddard Riverside Community Center, enjoys living independently in her own apartment. She is also an active participant in her community and frequently enjoys outdoor summer social events.



Prior to her enrollment in the Senior Supportive Housing Pilot Program (SSHPP),

Ms. C.'s outlook was less optimistic. She felt disconnected from her surrounding community, and her overlapping medical conditions -

"Staff at the Senior Supportive Housing

service and are always available during my time of need." - Ms. C.

Alzheimer's Disease, hypertension, and high cholesterol — put her at risk for nursing home placement.

Program provide excellent Ms. C.'s struggle to remain independent was only compounded by limited access to case management services in Spanish, her primary language. And, with her family residing outside the U.S. in Columbia, she lacked the social

supports needed to maintain her health and wellbeing.

The Senior Supportive Housing Pilot Program, funded by the MRT Supportive Housing Initiative, has effectively filled this void.

By connecting Ms. C. to a range of services, including a Spanishspeaking case manager, the program has provided access to a home health aide, assistance with activities of daily living, coordination of medical appointments, and enhanced overall support.

Ms. C.'s health has improved substantially since enrolling in the program, which has provided long-awaited relief. "Staff at the Senior Supportive Housing Program provide excellent service and are always there during my time of need," said Ms. C. in a recent conversation with her social worker.

Tantamount to the health benefits resulting from Ms. C.'s participation in SSHPP are the marked improvements in her social and emotional wellbeing, evidenced by her increased participation in recreational and community activities.