

New York State's Money Follows the Person Program

MFP is a federally funded program through the Centers for Medicare and Medicaid (CMS) whose mission is to rebalance the long-term care system from facility-based to home and community-based services and supports (HCBS). The Open Doors Transition Center Program provides education and transition services to individuals in Nursing Homes and Intermediate Care Facilities wishing to learn more about receiving long-term care services and supports in their homes and community.

The Open Doors Transition Center Program



<u>Transition Assistance</u>	<u>Peer Support</u>	<u>Education & Outreach</u>	<i>New in 2021!</i>		
Provides information on community living and facilitates transition planning	Supports participants considering transition	Provides information about community transition to nursing homes statewide	<u>Good Neighbor Program</u> Provides informal support to participants	<u>Pre-Paid Phones</u> Supports independence and participation in planning	<u>Person-Centered Planning Coaching</u> Builds skills for self-advocacy in service planning
7,118 Community Transitions since 2008	6,125 Peer Support Visits since 2015	1,537 Nursing Home Presentations since 2018	Annual Target: 50 Good Neighbor Matches	Annual Target: 300 Phones	Annual Target: 100 Coaching Participants

MFP also supports...

Technology-Related Assistance for Individuals with Disabilities (TRAID)

Provides adaptive equipment and assistive technology device demonstrations and loans.

Equipment loans since 2008: 23,032

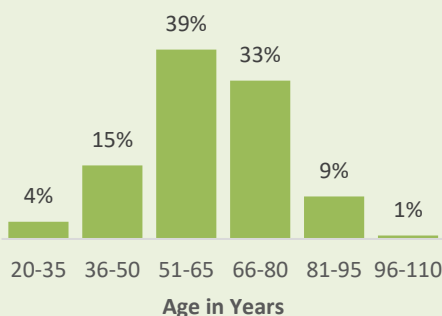
The Person-Centered Planning Statewide Training Initiative

Supports best practices in person-centered planning & practice for those receiving, providing and/or overseeing HCBS.

People trained since 2019: 6,937

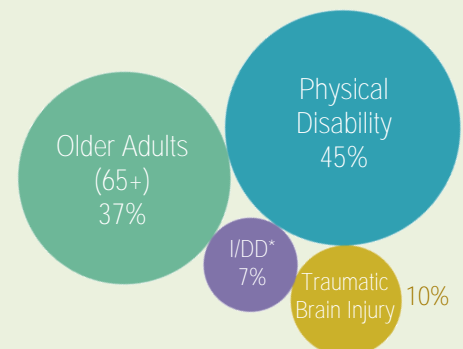
2021 PARTICIPANT DEMOGRAPHICS

Participant Age



I cannot thank everyone involved enough. Trying to do this on my **own was very frustrating...** There was so much information I needed to know but had no idea where to find it.
— MFP Participant










Target Populations Served



*Intellectual/Developmental Disability

New York State Quality-of-Life Survey Results (CY2021)

MFP conducts a voluntary *Quality-of-Life* Survey prior to community transition and again 11 months after transition. The survey gives participants a chance to express their thoughts and feelings about the services they receive and their overall quality of life. The results below represent the percent of individuals who answered “yes” to the following questions in the pre- and post- transition surveys.

		<u>Pre-transition</u>		<u>Post-transition</u>
ACCESS TO CARE	 Are you always able to take your medicine when you need it?	88%	⬆️	98%
	 Can you get to the places you need to go, like work, shopping, or doctor's appointments ?	68%	⬆️	91%
	 Do the people who help you listen to what you ask them?	83%	⬆️	93%
MENTAL HEALTH	 During the past week, have you felt irritable?	43%	⬇️	31%
	 During the past week, have you felt sad or blue?	46%	⬇️	27%
LIFE SATISFACTION	 Do you like where you live?	73%	⬆️	89%
	 Can you be by yourself when you want to?	56%	⬆️	87%
	 Can you see your friends and family when you want to?	61%	⬆️	90%
	 Have you been happy with the way you live your life?	61%	⬆️	84%

An Open Doors Success Story

Rebecca, a college senior, suffered a spinal cord injury when skiing in Vermont. When she was ready to leave the nursing home, **her parent's home needed significant renovations to accommodate her new needs.** The Open Doors Transition Specialist worked with a local assisted living facility to turn a floor of the building into an apartment, so the whole family could live together while renovations on their home were finished. Once the home modifications were completed, Rebecca was able to transition back to the community and continues to reside at home with her parents.

View Program Videos about MFP & Open Doors:

[Open Doors Transition Program](#)

[Public Health Live! Webcast: MDS Section Q and Open Doors](#)

[Public Health Live! Webcast: Money Follows the Person \(MFP\)](#)

[Public Health Live! Webcast: Person-Centered Planning & Practice](#)

Visit NYS MFP at https://www.health.ny.gov/health_care/medicaid/redesign/nys_money_follows_person_demonstration.htm