

## Who can get these services?

Children and Youth (under age 21) who are covered by Medicaid and have mental health and/or substance use needs can get Children and Family Treatment and Support Services at no additional cost. These services are covered by regular Medicaid or, if enrolled in a Medicaid Managed Care plan\*, these services are available through the health plan.

## How will these services help?

These children's services meet the individual needs of children and their families/caregivers by:

- Identifying mental health and/or substance use needs early
- Providing support in the home and community
- Preventing the need for emergency room visits, hospital stays, or out of home placements

## \*What is a Medicaid Managed Care Plan?

Medicaid Managed Care Plans are health insurance companies that oversee and coordinate care. Children and youth who are enrolled in a Medicaid Managed Care Plan will get most of their Medicaid benefits through that health plan.

To find out more about Children and Family Treatment and Support Services, contact your health-care provider, Health Home care manager, care coordinator, or Medicaid Managed Care Plan.

# NYS Children's Medicaid Children and Family Treatment and Support Services

Information for Children/Youth and Families



Your local provider:



Department  
of Health

Office of  
Mental Health

Office of Alcoholism  
and Substance  
Abuse Services

Office for People  
With Developmental  
Disabilities

Office of  
Children and  
Family Services



# Children and Family Treatment and Support Services

These new mental health and substance use services, available with NYS Children's Medicaid, give children/youth (under age 21) and their families the power to improve their health, well-being and quality of life. These services strengthen families, and help them make informed decisions about their care. Services are provided at home or in the community.

## Therapy Services

*(Other Licensed Practitioner)*

- Assessments for mental health and/or substance use needs
- Identify strengths and abilities through individual and group therapies
- Get individual, group, or family therapy where you are most comfortable

## Rehabilitation Services

*(Psychosocial Rehabilitation and Community Psychiatric Supports & Treatment)*

- Learn to incorporate therapy goals into everyday life and receive extra support managing medication
- Build relationships and communicate better with family, friends and others
- Learn self-care, and use coping skills to manage emotions

## Family Peer Support Services

*(Anticipated to Begin July 2019)*

- Get support if you are raising youth with mental health and/or substance use challenges
- Provided by a Credentialed Family Peer Advocate/Certified Recovery Peer Advocate who has similar experiences
- Get support and assistance with:
  - Locating information and resources available to meet the youth/family's needs
  - Making informed decisions
  - Building and strengthening natural supports and resources