

## **MRT Work Group Meeting Summary**

#### **Work Group Name:**

Behavioral Health Reform Work Group

### **Meeting Date, Time, Location:**

June 30, 2011 10:00 a.m. – 4:00 p.m. NYS Department of Health NYC Field Office, 90 Church Street, New York, NY

### **Members in Attendance:**

Linda Gibbs, Co-Chair, Michael Hogan, Co-Chair, Wendy Brennan, Pam Brier, Kathy Shore (for Alison Burke), Lauri Cole, Donna Colonna, John Coppola, Philip Endress, Arlene Gonzalez-Sanchez, Kelly Hanson, Ellen Healion, Tino Hernandez, Cindy Levernois, Ilene Margolin, Gail Nayowith, Kathy Riddle, Harvey Rosenthal, Paul Samuels, Phil Saperia, Sanjiv Shah, MD, Richard Sheola, Ann Sullivan

#### **SUMMARY OF KEY MEETING CONTENT:**

- Welcome. Co-chairs Linda Gibbs and Michael Hogan provided opening and welcoming remarks.
- Member Goals. Upon introduction, each Work Group member present shared one outcome they would like to see come from the Work Group's work.
- Overview of the Work Group's mission and charge. Co-Chair Michael Hogan articulated three separate charges.
  - 1. Advance the work of the Medicaid Redesign Team to move everyone into some form of managed care within three years. For people receiving behavioral health benefits, Dr. Hogan suggested the Work Group consider at least 3 possible models: A) an Integrated Delivery System model; B) a Special Needs Plan model; and, C) Behavioral Health Organization model. Dr. Hogan noted the likelihood that each of these arrangements may be used in some context or parts of the state, and suggested the Work Group consider a focus on establishing a set of criteria (principles and performance standards) concerning the provision of behavioral health services that can be incorporated into any model and regardless of the payment system.
  - 2. Explore opportunities to improve integration of services and streamlining of regulations.

(continued)

3. Provide guidance on the implementation of the Health Homes initiative. DOH's Greg Allen provided a brief update, informing that assignment of individuals is scheduled to begin in October and that draft provider standards are now posted on the DOH website. At Dr. Hogan's suggestion, Greg Allen agreed to present on the Health Homes initiative at the next Work Group meeting, in July.

Questions were raised regarding the incorporation of children into Health Homes. Answers were that children will need to be considered into all possible approaches, and that Federal rules prohibit excluding children from Health Homes.

Dr. Hogan noted that the Phase I BHO procurement can now be found on the OMH and OASAS websites and OMH/OASAS are precluded from having any substantive conversation on the topic at this time. This is an interim step toward coordination and cost control and focuses on review of inpatient behavioral health utilization.

**Budget Savings:** Questions were asked about budget targets that the Work Group must achieve. While there are specific short-term savings associated with the Phase I BHO, no specific long terms savings targets have been established for the Work Group. Linda Gibbs and other Work Group members requested participation of fiscal experts to assist with the fiscal aspects of the subcommittee's work.

**Workgroup Timeframe:** Dr. Hogan concluded the overview of the Work Group's mission and charge by noting that the Work Group must submit a report by October 2011 in order to assist in the development of budget recommendations for SFY 2012-2013.

**Framing the Issues:** Linda Gibbs led an exercise to elicit from the Work Group key issues involved in considering its charge.

Ms. Gibbs posited several questions to assist in identifying what an ideal system might look like: Who are the populations we are talking about and who are the sub-groups of those populations? What are the standards of care? What is the "glue" that holds the various parts of a system together (i.e. information technology, data sharing)? What are the standards for payment? Are there related needs beyond Medicaid (i.e. housing, transportation)? Where does one access services?

Comments from Work Group members were compiled and displayed, and each Work Group Member then marked those elements that were of greatest importance to each of them.

#### Lunch

Outcome Measures: Ms. Gibbs asked the Work Group to identify outcome measures and metrics that should be used to determine when appropriate goals have been achieved, with specific attention to:

- Patient Level outcomes
- Provider level outcomes
- o Payment systems outcomes

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Comments from Work Group members were compiled and displayed and each Work Group Member then marked those elements that were of greatest importance to each of them.

A summary and spreadsheet of all elements identified by the Work Group and the "votes" each element received will be made available on the MRT website and further discussed at a future Work Group meeting.

**Presentations on the Components of Effective Treatment/Services** were then made (these presentations are viewable at

http://www.health.state.ny.us/health\_care/medicaid/redesign/behavioral\_health\_reform.htm):

- o Arlene Gonzalez-Sanchez Substance Abuse
- o Michael Hogan Serious Mental Illness
- o Michael Hogan Behavioral Health Services for Children
- Adam Karpati and Andrea Cohen Primary care and chronic disease management for people with serious mental illness and substance abuse disorders

**Conclusion:** Dr. Hogan and Ms. Gibbs concluded the meeting with some brief discussion about future meeting dates, a proposed plan for synthesizing possible recommendations and review by Work Group Members prior to next meeting, and a brief discussion about potential meeting agenda items for future meetings.

### Next steps/preliminary agenda for next meeting:

- 1. Review and discussion of June 30<sup>th</sup> meeting's outcomes and identified elements/goals/recommendations.
- 2. DOH's Greg Allen will present on the Health Homes initiative.
- 3. Presentation by Ilene Margolin on principles and practices of managed care.

**Next meeting date, time, location:** 

July 12, 2011 1:00 – 4:00 p.m.

NYS Office of Alcoholism and Substance Abuse Services 1450 Western Avenue, Albany, 4<sup>th</sup> Floor Conference Room