



FISH ADVISORY

GRAPHIC 1



CAPTION

View our health guidelines to reduce exposure to chemicals found in fish caught in New York waters. Our advice considers both the health risks and benefits of eating fish and is protective for even the most sensitive populations, including pregnant people and children: health.ny.gov/fish

GRAPHIC 2



CAPTION

Before you reel in dinner for the family, be sure to check Department advice for eating what you catch in New York waters. Some fish contain chemicals at levels that may be harmful, especially for certain populations. Learn more: health.ny.gov/fish



GRAPHIC 3



CAPTION

Fishing is a great skill to share with family members, and eating your catch can be part of a healthy diet. Be sure to review Department guidance for eating what you catch in New York waters: health.ny.gov/fish

GRAPHIC 4



CAPTION

Some fish can absorb chemicals from their environment. Be sure to review our advice for eating what you catch, which depends on the species and the waterway: health.ny.gov/fish



GRAPHIC 5



CAPTION

Can I eat the fish I catch? Check out our advice to get all the health benefits of eating fish while avoiding chemicals: health.ny.gov/fish

GRAPHIC 6



CAPTION

Fishing is a fun, healthy activity for the whole family, and fish are a great choice for a healthy diet. However, some fish contain chemicals at levels that can be harmful. Check out our advice on eating what you catch from which waterbody in NYS: health.ny.gov/fish



Public Health Toolkit

Social Media



Department
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