



DROWSY DRIVING

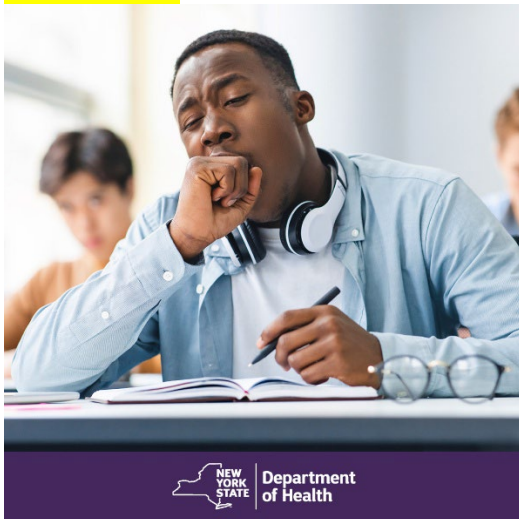
GRAPHIC 1



CAPTION

Up all night? Don't get behind the wheel without rest. It's not always easy to get enough sleep, but it can prevent a drowsy driving-related crash. Learn more: health.ny.gov/prevention/injury_prevention/driving_drowsy.htm

GRAPHIC 2



CAPTION

Pulled an all-nighter? Don't drive drowsy. Be sure you get enough sleep before getting behind the wheel. Learn more: health.ny.gov/prevention/injury_prevention/driving_drowsy.htm



GRAPHIC 3



CAPTION 4

Stay awake! Stay Alive! Feeling sleepy? Don't drive drowsy. Pull over in a safe area and take a break as soon as possible. Learn more: health.ny.gov/prevention/injury_prevention/driving_drowsy.htm

GRAPHIC 4



CAPTION

Sleepy behind the wheel? Caffeine won't help. Don't drive drowsy. Pull over in a safe place and take a 20-minute nap. Learn more: health.ny.gov/prevention/injury_prevention/driving_drowsy.htm



GRAPHIC 5



CAPTION

The law lets you work for 14 hours but does not give you the right to drive drowsy or fatigued. Learn more: health.ny.gov/prevention/injury_prevention/driving_drowsy.htm

GRAPHIC 6



CAPTION

Long hours on the road require regular breaks. Plan rest stops! Learn more: health.ny.gov/prevention/injury_prevention/driving_drowsy.htm



GRAPHIC 7



CAPTION

Drowsy driving is impairment. It's as dangerous as driving drunk, drugged, or distracted! Learn more: health.ny.gov/prevention/injury_prevention/driving_drowsy.htm

GRAPHIC 8



CAPTION

Drifting lanes, shifting in your seat, restless or jerky movements are signs of drowsy driving. Learn more: health.ny.gov/prevention/injury_prevention/driving_drowsy.htm