



TICK SEASON

GRAPHIC 1



CAPTION

In tick-infested areas your best protection is to avoid contact with soil, fallen leaves and vegetation. Be sure to check for ticks whenever you spend time outside, including watching or playing ball, hiking, mowing the lawn and enjoying a picnic. Learn more: health.ny.gov/diseases/communicable/lyme/

GRAPHIC 2



CAPTION

Like people, pets can get tickborne diseases and bring them into your home. To keep pets healthy check them any time they have been outside. Finding and removing ticks on pets may prevent crawling ticks from getting on you or others. Learn more: cdc.gov/ticks/prevention/preventing-ticks-on-pets.html



GRAPHIC 3

How To Be Tick Free:

- ✓ Wear light-colored clothing
- ✓ Follow directions on repellent labels
- ✓ Apply repellent outdoors only
- ✓ Wash repellent off when you go indoors
- ✓ Wear long-sleeved shirts and long pants
- ✓ Tuck pants into socks

health.ny.gov

NEW YORK STATE
Department of Health

CAPTION

Now is the time to remind yourself of the simple precautions that help you avoid Lyme disease and other tick-borne illnesses while enjoying the outdoors. Learn more about ticks, bite prevention and what to do if you find a tick on your skin or clothing: health.ny.gov/diseases/communicable/lyme/

GRAPHIC 4



CAPTION

Warm weather means ticks are more common, especially in shady, moist areas, clinging to tall grass, brush and shrubs. Lyme is one of the most common diseases transmitted by ticks, but there are many others. Learn more, including how to prevent disease and what to do if you find a tick on your skin or clothing: health.ny.gov/diseases/communicable/lyme/



GRAPHIC 5



CAPTION

Ticks can carry Lyme and other diseases. If you develop a rash or flu-like symptoms and suspect a tick bite, contact your health care provider immediately. Although not routinely recommended, taking antibiotics within three days after a tick bite may be beneficial for some people. Learn more:

health.ny.gov/diseases/communicable/lyme/

GRAPHIC 6



CAPTION

Make sure you choose a tick repellent that will help keep you and your family safe from diseases carried by ticks. For information and videos to help you choose the best repellent for you and your family visit health.ny.gov/diseases/communicable/lyme/



Public Health Toolkit

Social Media



Department
of Health