



SAVE YOUR VISION

GRAPHIC 1



CAPTION

Your vision is too precious to neglect. Learn about types of vision problems and steps to reduce risk, including regular eye examinations. Visit: [cdc.gov/vision-health/about-eye-disorders/index.html](https://www.cdc.gov/vision-health/about-eye-disorders/index.html)

GRAPHIC 2



CAPTION

Protecting your vision doesn't have to be complicated. The National Eye Institute recommends simple habits like regular eye exams, staying active and wearing UV-blocking sunglasses. See tips about protecting your sight: [nei.nih.gov/learn-about-eye-health/healthy-vision/8-things-you-can-do-right-now-protect-your-vision](https://www.nei.nih.gov/learn-about-eye-health/healthy-vision/8-things-you-can-do-right-now-protect-your-vision)



GRAPHIC 3



CAPTION

Early eye disease often has no warning signs. Even if you think you can see well, a comprehensive dilated eye exam is important to protect your sight. Learn more about protecting your sight: nei.nih.gov/learn-about-eye-health/healthy-vision/get-dilated-eye-exam

GRAPHIC 4



CAPTION

Diabetes is a leading cause of vision loss, often due to conditions like diabetic retinopathy, glaucoma and cataracts. These issues can develop with no early warning signs. Learn more about diabetes and your eyes: cdc.gov/diabetes/diabetes-complications/diabetes-and-vision-loss.html



GRAPHIC 5



CAPTION

About 11 million Americans over the age of 12 need vision correction. Having regular eye exams are key to protecting against eye disease. Learn more about eye exams: [cdc.gov/vision-health/about-eye-disorders/why-eye-exams-are-important.html](https://www.cdc.gov/vision-health/about-eye-disorders/why-eye-exams-are-important.html)