# UTILIZING COMMUNITY PARTNERSHIPS TO INCREASE ACCESS TO HEALTHY FOODS IN ORANGE COUNTY

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#### BACKGROUND

- Orange County is located in the Hudson Valley Region, 40 miles north of New York City
  - Approximately 375,000 residents
  - Three cities (Newburgh, Middletown and Port Jervis) with higher rates of health disparities, minorities and socioeconomically disadvantaged
  - City of Newburgh considered a food desert
- Creation of a Farmer's Market in downtown Newburgh, walkable location for low-income residents
  - Started in 2008 once a week between July-October in the health department parking lot

#### HOW DID WE DO IT?

#### Partners

- House of Refuge-Bishop Woody
  - Non-profit organization sponsors market
    - Enables acquisition of an EBT machine and account to reimburse farmers for SNAP benefits/coupons
- Local community based organization (CBO)-Groundwork
  - Hired market manager responsible for onsite dayto-day operations
  - Cost Approximately \$2,000 for season (July-October)

### PARTNERS (CONTINUED)

#### Other CBOs participating include:

- St. Luke's Cornwall Hospital (Community outreach)
- Cornell Cooperative Extension (Senior Coupons and education)
- Veterans Affairs (Coupon distribution)
- Planned Parenthood of Mid-Hudson Valley (Health education)
- Department of Social Services (Advertising)
- WIC program (FMNP coupon distribution and advertising)

#### MAINTAINING THE MOMENTUM

- Make it as simple as possible for partners to want to collaborate
  - Health Department staff ensures paperwork for operations, maintains EBT machine, keeps records for coupon distribution
- Find a champion that believes in your intervention
  - Sponsor is also a local school assistant principal invested in the community
- Utilize existing partnerships
  - Partner with Cornell Cooperative Extension to help build relationships with farmers each season

# PROCESS EVALUATION

Evaluation Measure	Baseline Data (2014)	2015 Data
Average # of participants at Newburgh on Broadway Farmer's Market per season	1,400 participants	2,633 participants
Number of Farmers at Market	3 Farmers (range from 2-6)	4 Farmers (range 3-5)
Percent of Farmers able to take SNAP benefits, Fresh Checks, and/or Veterans Coupons	100%	100%
Dollar amount of Veteran's Coupons Issued	No data available	\$1,600
Amount of \$ used through SNAP benefits (EBT machine)	\$450	\$698
Number of EBT machine transactions (proxy for # of individuals using SNAP benefits)	No data available	58 transactions
Dollar amount of Senior Coupons Issued	No data available	\$4,000
Amount of Fresh Connect Coupons Used	\$68	\$264

# FARMER'S MARKET IN ACTION



#### Farmers' markets touted for users of food stamps

Coupons given out to encourage healthy lifestyle











# **CHALLENGES**

- Challenge: Finding an accessible location for farmers and market patrons
  - Solution: Worked collaboratively with the Planning department and input from the City of Newburgh to find no-cost location
  - Helpful Hint: Be flexible when challenges arise (behind building not visible, moved to open lot next door, increased foot traffic)
- Challenge: Perceived safety of neighborhood
  - Solution: Ongoing efforts with multiple coalitions and police

# **CHALLENGES**

- Challenge: Obtaining reliable volunteer(s) to run market
  - Solution: Developed a seasonal contract through County funds to pay a market manager who was connected to the community (understands culture and community)
  - Helpful Hint: EBT training available online however, FNS will work with manager over the phone if training is inconvenient
- Challenge: Attracting and keeping farmers
  - Solution: Persistence and assistance from local CCE to identify best matches with local farmers
- Challenge: Collecting appropriate data
  - Solution: Dedicated staff to both collect and determine appropriate indicators for 'success'

#### RESOURCES

- New York Ag & Markets
  - http://www.agriculture.ny.gov/AP/agservices/marketing.html
- FNS (Food and Nutrition Service- Part of USDA)
  - http://www.fns.usda.gov/snap/retailers-0
- Farmer's Market Federation (Webinars, Information, Tips)
  - http://www.nyfarmersmarket.com/
- Vendor Permit Requirements for New York State (Fact Sheet)
  - <u>http://www.nyfarmersmarket.com/wp-content/uploads/Vendor-Permit-Requirements.pdf</u>
- Hudson Valley Bounty (Contact Info of Local Farmers)
  - http://www.hudsonvalleybounty.com/
- Local Organizations: Cornell Cooperative Extensions, Chamber of Commerce, Tourism Board, and Farm Bureau
  - Small grants are sometimes available for start-up costs

## DISCUSSION QUESTIONS

- How do we build collaboration and maintain relationships with non-traditional partners (ex. faith community and farmers)?
- How do you engage the media to cover successful interventions in your community?
- How do you encourage/engage low-income residents to spend their dollars on healthy foods?