

### Suggested Captions:

Think vaping is safer than smoking? It's not. Want to Quit? Sign up for texts at [DropTheVape.org](https://DropTheVape.org) for free, confidential help. [DropTheVape - NY Smoke Free](https://DropTheVape.org)

Feeling out of control vaping nicotine? You can quit and get help! Sign up for texts at [DropTheVape.org](https://DropTheVape.org) [DropTheVape - NY Smoke Free](https://DropTheVape.org)

Looking to Quit Vaping? Sign up for texts at [DropTheVape.org](https://DropTheVape.org) for free advice, tips and inspiration to help you quit. [DropTheVape - NY Smoke Free](https://DropTheVape.org)

Vapes hide the flavor of tobacco and toxic chemicals. Don't fall for it. Sign up for texts at [DropTheVape.org](https://DropTheVape.org) [DropTheVape - NY Smoke Free](https://DropTheVape.org)

Want to Quit Vaping? You are not alone. Sign up for texts at [DropTheVape.org](https://DropTheVape.org) for free, confidential help. [DropTheVape - NY Smoke Free](https://DropTheVape.org)

Vaping Nicotine = Brain Poison for Teens. Want to quit? Sign up for free support texts at [DropTheVape.org](https://DropTheVape.org) [DropTheVape - NY Smoke Free](https://DropTheVape.org)

Feeling stressed or anxious because of vaping? Visit [DropTheVape.org](https://DropTheVape.org) to sign up for free, confidential help. [DropTheVape - NY Smoke Free](https://DropTheVape.org)

Think vaping e-cigarettes is safer than smoking? Nothing is safe about vaping nicotine. Sign up for texts at [DropTheVape.org](https://DropTheVape.org) for free, confidential support. [DropTheVape - NY Smoke Free](https://DropTheVape.org)

### Square social media options: *(Facebook, Instagram, X, Threads, Bluesky)*



**Social media story options:** (Facebook, Instagram)



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=  
**Brain Poison  
for Teens.**

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FOR GOOD?**

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 Department of Health



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 Department of Health




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