

Discharge Planning Workgroup

March 25, 2008

Presentation by
NYS Developmental Disabilities
Planning Council

DDPC: An Overview

- DDPC Structure
- DDPC Mission

DDPC-funded initiatives related to Discharge Planning

- Nursing Home Transition Demonstration Grant
- Independent Living Cross Systems Training Grant

Nursing Home Transition

- Nursing Home and Transition Demonstration
- Evolved from Real Choice “starter grant” awarded to DOH.
- DDPC provided matching funds to start the development of a nursing home transition process at the county level
- RFP issued in 2002

“Starter Grant”

- In 2003, DOH awarded 6 one-year grants to:
 - Center for Disability Rights
 - Center for Independence of the Disabled NY
 - Putnam Independent Living Center
 - Resource Center for Independent Living
 - Westchester Disabled On the Move (WDOM)
and
 - Westchester Independent Living Center

Intended Outcomes

- Project goals (May 2003 – September 2004) were to:
 - Transition up to 125 individuals to the community, and
 - Identify promising practices, lessons learned and areas of improvement in long-term care.

Project Outcomes

- Established local models for planning and transition for persons with disabilities in nursing homes that wanted to live in the community and
- ILCs implemented local planning, assessment and coordination processes consistent with NY's MISCC legislation.

Project Outcomes

- \$63,800 per person per annum in Medicaid costs savings for individuals that transitioned into community settings, and
- \$83,000 in projected savings per person per annum in Medicaid costs for persons diverted from facility admission.

DDPC Initiative

- DDPC funded 5 projects for an additional 2 years @ \$15,000 per project per year
- Grantees – CDR, CIDNY, RCIL, WDOM & WILC
- Funding period – June '04 – May '06

Performance Outcomes

Aggregate Data (May 2003 – June 2006)

- *individuals moved from congregate care into community settings* - 206
- *# individuals diverted from institutional placement* - 293
- *# consumers, family members and nursing home /hospital staff trained in community transition*
- 2202

Cost-Benefit Impact

<i>Project Years</i>	2003 -2006
Individuals diverted & transitioned	499
Medicaid Savings Using ILC Cost/Benefit Analysis	\$33,990,826
Medicaid Savings Using National Association of State Medicaid Directors Analysis	\$14,642,656

Barriers to Transition

- Lack of affordable and accessible housing
- Difficulty obtaining timely assessments
- Delays in approval for CDPAS
- Access to Assistive Technology
- Need for services from multiple systems
- Poor discharge planning
- Lack of financial resources to pay for housing

Independent Living Cross Systems Training

- Initiative evolved from the Nursing Home Transition Project.
- Need for better knowledge of systems (OMRDD, DOH and SOFA) and effective coordination among systems were identified as areas of ongoing need.
- DDPC issued RFP in 2006.

Project Overview

- DDPC awarded a \$50,000 grant to CDR to implement regional cross systems training from October 2006 – December 2007.
- Target – OMRDD Pre-Admissions Screening Resident Reviewers (PASRR), DOH Regional Resource Development Specialists (RRDS) and SOFA Ombudsmen.

Project Objectives

- Project Goals were to:
 - Develop train-the-trainer curriculum;
 - Conduct 6 regional training sessions;
 - Evaluate knowledge and use of nursing home transition skills;
 - Establish technical assistance support post-training, and
 - Develop a nursing home transition technical assistance internet forum.

Performance Outcomes

- Trained 212 staff from OMRDD, OMH, SOFA & DOH.
- Developed a train-the-trainer curriculum - available for download on CDR's website.
- Developed a listserv for sharing information – www.rochestercdr.org/training/
- CDR is providing technical assistance on nursing home assistance to ombudsmen.

Barriers to Transition

- Lack of knowledge of about PASRR process, Ombudsmen and NY Connects;
- Lack of knowledge beyond traditional services such as home care among staff;
- Lack of collaboration among different systems;
- Lack of housing opportunities, and
- Lack of knowledge about how to transition individuals.

The End

Questions

