## Facts for Baby

Healthy baby teeth are important. They help your child sleep better, eat better, talk better and smile more.



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This project was made possible by funding from US Department of Health and Human Services, Health Resources Services Administration.

- Difficulty learning
- Infection and illness
- Tooth decay in baby teeth may lead to...
  Problems sleeping, chewing and talking

**Pregnancy** and Dental Care

Continue to see a dentist and dental hygienist for check-ups even when you are pregnant.

## **Facts for Mom**

Having healthy teeth and gums when you are pregnant will help keep you healthy.





There are germs in your mouth that cause tooth decay. These germs can be passed to your baby.

Moms with healthy teeth and gums are less likely to pass these germs to their babies.

