

Measles Spreads Easily



Symptoms usually begin 7 to 14 days after infection:

- Fever
- Cough
- Runny nose
- Red or watery eyes
- A rash with flat or raised, red spots usually starts on the face and moves down the body.

Stay home if you or someone in your family has **measles**.

The best way to protect yourself and others against measles is to get the measles, mumps, and rubella (MMR) vaccine. Do you have questions about measles or the MMR vaccine? Talk to your healthcare provider or local health department.

Protect your community health.ny.gov/measles