

Stay home if you or someone in your family has **measles**.

Measles spreads easily. It can stay in the air for 2 hours.

You can spread measles before you know you are sick or have symptoms.

If you have not received the MMR (measles, mumps, rubella) vaccine, you are at high risk of getting sick after close contact.

The MMR vaccine is the best way to help prevent measles from spreading.

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The best way to protect yourself and others against measles is to get the measles, mumps, and rubella (MMR) vaccine.

Ask your healthcare provider if you need the MMR vaccine.

Protect your community health.ny.gov/measles