



Stay home if you or someone in your family has **measles**.

Measles spreads easily. It can stay in the air for 2 hours.

You can spread measles before you know you are sick. Symptoms usually begin 7 to 14 days after infection and include fever, cough, runny nose, red or watery eyes, a rash with flat or raised, red spots usually start on the face and moves down the body.

If you have not received the MMR (measles, mumps, rubella) vaccine, you are at high risk of getting sick after close contact.

The MMR vaccine is the best way to help prevent measles from spreading.

Measles isn't just a little rash. It can be dangerous for anyone, especially for babies, pregnant people, and people with weak immune systems.

If you have symptoms like trouble breathing, pain when breathing or coughing, dehydration, fever or headache will not stop, confusion, severe weakness, blue color around mouth, or difficulty eating, go to the hospital.

Important: Call ahead and let the hospital know someone with possible measles is on the way.

Protect your community
health.ny.gov/measles



**Department
of Health**