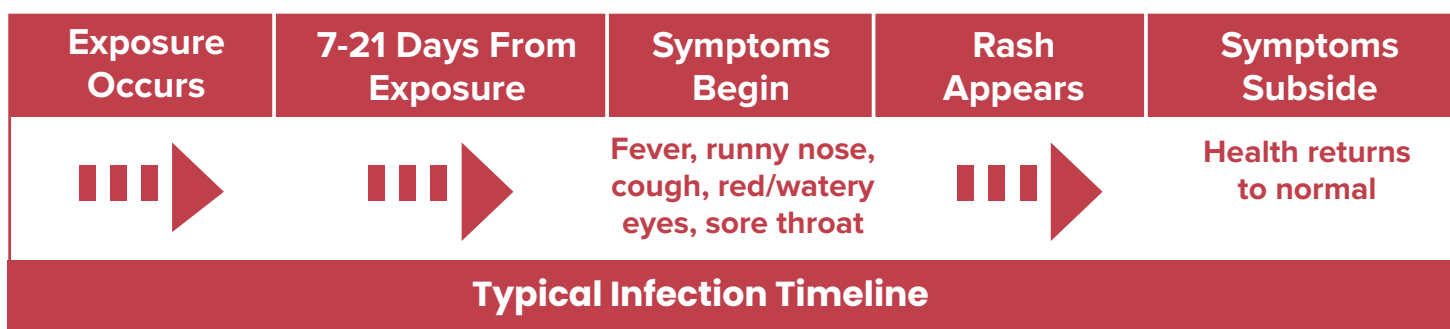




Measles Spreads Easily

Measles can be passed on **4 days before and 4 days after** rash appears.



The best way to protect yourself and others against measles is to get the measles, mumps, and rubella (MMR) vaccine.

Do you have questions about measles or the MMR vaccine? Talk to your healthcare provider or local health department.

Protect your community
health.ny.gov/measles



**Department
of Health**