



Know the signs of measles. Protect your family.

Measles spreads easily. It can stay in the air for 2 hours. Symptoms usually begin 7 to 14 days after infection and include fever, cough, runny nose, red or watery eyes, a rash with flat or raised, red spots usually start on the face and moves down the body.

You can spread measles before you know you are sick or have symptoms.

If you have not received the MMR (measles, mumps, rubella) vaccine, you are at high risk of getting sick after close contact.

The MMR vaccine is the best way to help prevent measles from spreading.

Measles isn't just a little rash. It can be dangerous for anyone, especially for babies, pregnant people, and people with weak immune systems.

Ask your healthcare provider if you need the MMR vaccine.

Protect your community health.ny.gov/measles