

# Think Breastfeeding, Think WIC.

## Support Breastfeeding Mothers

- Staff trained in breastfeeding counseling
- Nationally recognized peer counselor program: "Loving Support through Peer Counseling"
- Breast pumps and other assistance
- Mother's very own website:  
[www.breastfeedingpartners.org](http://www.breastfeedingpartners.org)

## Establish Successful Long-Term Breastfeeding

- Breast milk is the only food babies need for the first 6 months
- Breastfeeding is encouraged for a year and beyond
- Breastfeeding mothers get more food for up to one year
- Infants get baby food at 6 months



[breastfeedingpartners.org](http://breastfeedingpartners.org)



Together Growing Stronger Families

This institution is an  
equal opportunity  
provider and employer.

*Breastfeeding Lays The Foundation For A Lifetime Of Good Health*

