

Expanded BRFSS, 2003

Monroe Locality

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New York State Department of Health

Expanded BRFSS, 2003 - New York State Department of Health

Adults Eating Fewer High Fat or High Cholesterol Foods to Lower Risk of Developing Heart Disease or Stroke

Monroe

Demographic Groups	n ¹	Yes % ²	n	No %	C.I. ³
Total	396	66.9	202	33.1	4.2
Gender					
Male	151	65.6	84	34.4	6.6
Female	245	68.1	118	31.9	5.3
Age					
18-64	308	65.8	160	34.2	4.8
≥65	81	70.9	40	29.1	8.4
Education					
≤High School	116	61.5	78	38.5	7.7
>High School	280	69.3	124	30.7	5.0

¹Percents based on row denominators of less than 50 are unstable and should be used with caution

²Weighted Percent

³95% Confidence Interval

Expanded BRFSS, 2003 - New York State Department of Health

Adults Eating More Fruits and Vegetables to Lower Risk of Developing Heart Disease or Stroke

Monroe

Demographic Groups	n ¹	Yes % ²	n	No %	C.I. ³
Total	413	70.0	194	30.0	4.1
Gender					
Male	165	70.5	72	29.5	6.5
Female	248	69.5	122	30.5	5.0
Age					
18-64	333	71.0	144	29.0	4.6
≥65	75	66.2	47	33.8	8.8
Education					
≤High School	127	63.9	73	36.1	7.6
>High School	286	72.7	121	27.3	4.7

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Expanded BRFSS, 2003 - New York State Department of Health

Adults More Physically Active to Lower Risk of Developing Heart Disease or Stroke

Monroe

Demographic Groups	n¹	Yes %²	n	No %	C.I.³
Total	491	81.9	117	18.1	3.4
Gender					
Male	178	76.3	58	23.7	5.9
Female	313	86.8	59	13.2	3.4
Age					
18-64	378	80.3	99	19.7	3.9
≥65	106	89.7	16	10.3	5.0
Education					
≤High School	161	82.0	38	18.0	5.9
>High School	330	81.8	79	18.2	4.1

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Expanded BRFSS, 2003 - New York State Department of Health

Eat Five Fruits or Vegetable Servings per Day

Monroe

Demographic Groups	n¹	Yes %²	n	No %	C.I.³
Total	194	31.9	416	68.1	4.1
Gender					
Male	61	26.9	178	73.1	6.2
Female	133	36.3	238	63.7	5.4
Age					
18-34	42	27.1	113	72.9	7.7
35-54	64	27.5	179	72.5	6.3
≥55	85	42.4	119	57.6	7.5
Education					
≤High School	60	29.8	140	70.2	7.1
>High School	134	32.8	276	67.2	5.0

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Expanded BRFSS, 2003 - New York State Department of Health

Had a Flu Shot in the Past 12 Months, Aged 65 and Older

Monroe

Demographic Groups	n ¹	Yes % ²	n	No %	C.I. ³
Total	95	75.4	28	24.6	8.8

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Expanded BRFSS, 2003 - New York State Department of Health

Had a Flu Shot in the Past 12 Months

Monroe

Demographic Groups	n ¹	Yes % ²	n	No %	C.I. ³
Total	236	35.2	373	64.8	4.1
Gender					
Male	91	31.9	148	68.1	6.3
Female	145	38.3	225	61.7	5.4
Age					
18-64	138	26.3	340	73.7	4.3
≥65	95	75.4	28	24.6	8.8
Education					
≤High School	84	36.7	115	63.3	7.3
>High School	152	34.6	258	65.4	5.0

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Expanded BRFSS, 2003 - New York State Department of Health

Ever Had a Pneumonia Shot, Aged 65 and Older

Monroe

Demographic Groups	n ¹	Yes % ²	n	No %	C.I. ³
Total	92	80.0	22	20.0	8.5

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Ever Had a Pneumonia Shot

Monroe

Demographic Groups	n ¹	Yes % ²	n	No %	C.I. ³
Total	144	25.4	412	74.6	4.0
Gender					
Male	62	25.9	149	74.1	6.4
Female	82	25.0	263	75.0	5.1
Age					
18-64	51	13.2	383	86.8	3.8
≥65	92	80.0	22	20.0	8.5
Education					
≤High School	61	32.2	118	67.8	7.6
>High School	83	22.4	294	77.6	4.7

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Work-Related Physical Activity

Monroe

Demographic Groups	n ¹	Mostly sitting or standing % ²	C.I. ³	n	Mostly walking %	C.I.	n	Mostly heavy labor %	C.I.
Total	238	67.8	5.6	79	25.1	5.3	27	7.1	2.9

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Moderate Physical Activity (Moderate Exercise: 30 or more minutes per day and 5 or more days per week)

Monroe

Demographic Groups	n¹	Meet Mod. Objective %²	C.I.³	n	Insufficient Mod. Activity %	C.I.	n	No Mod. Activity %	C.I.
Total	216	37.9	4.4	297	51.7	4.5	70	10.4	2.7
Gender									
Male	90	41.0	7.1	110	48.6	7.2	29	10.5	4.0
Female	126	35.2	5.4	187	54.4	5.7	41	10.4	3.6
Age									
18-64	174	37.7	5.0	242	52.5	5.1	48	9.8	3.0
≥65	40	39.5	10.0	52	49.0	10.2	19	11.5	5.2
Education									
≤High School	59	31.4	7.5	88	50.2	8.2	39	18.4	5.9
>High School	157	40.8	5.4	209	52.3	5.5	31	6.9	2.8

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Vigorous Physical Activity (Vigorous Exercise: 20 or more minutes per day and 3 or more days per week)

Monroe

Demographic Groups	n ¹	Meet Vig. Objective % ²	C.I. ³	n	Insufficient Vig. Activity %	C.I.	n	No Vig. Activity %	C.I.
Total	168	28.5	4.1	124	22.2	3.8	308	49.3	4.5
Gender									
Male	83	35.7	6.8	63	27.9	6.4	89	36.4	6.8
Female	85	21.9	4.6	61	17.1	4.2	219	61.0	5.5
Age									
18-64	147	31.1	4.7	111	24.9	4.4	217	44.0	5.0
≥65	19	16.7	7.3	13	11.2	6.0	86	72.1	8.7
Education									
≤High School	37	20.5	6.6	34	17.7	6.1	123	61.8	7.8
>High School	131	32.0	5.0	90	24.2	4.7	185	43.8	5.3

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Meet Recommendations for Moderate or Vigorous Physical Activity

Monroe

Demographic Groups	n ¹	Meet Objective % ²	C.I. ³	n	Insufficient Activity %	C.I.	n	No Activity %	C.I.
Total	295	51.0	4.5	239	41.1	4.5	55	7.9	2.3
Gender									
Male	129	56.6	7.0	81	35.7	6.9	22	7.7	3.4
Female	166	45.9	5.7	158	46.0	5.7	33	8.1	3.2
Age									
18-64	246	52.6	5.1	187	40.3	5.0	37	7.2	2.6
≥65	46	44.0	10.0	49	45.7	10.1	17	10.3	5.0
Education									
≤High School	75	40.9	8.0	79	45.0	8.3	32	14.1	5.1
>High School	220	55.3	5.4	160	39.4	5.2	23	5.3	2.5

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Any Physical Activity or Exercise

Monroe

Demographic Groups	n ¹	Yes % ²	n	No %	C.I. ³
Total	573	93.5	53	6.5	1.9
Gender					
Male	227	94.2	18	5.8	2.8
Female	346	92.9	35	7.1	2.5
Age					
18-64	460	94.7	33	5.3	2.0
≥65	106	89.6	18	10.4	4.8
Education					
≤High School	171	86.5	35	13.5	4.7
>High School	402	96.6	18	3.4	1.7

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