

Expanded BRFSS, 2003

Westchester Locality

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Ever had Blood Cholesterol Checked

Westchester

Demographic Groups	n ¹	Yes % ²	n	No %	C.I. ³
Total	505	82.3	80	17.7	4.2
Gender					
Male	201	80.1	33	19.9	7.0
Female	304	84.3	47	15.7	4.8
Age					
18-34	75	65.2	32	34.8	11.2
35-54	223	82.9	37	17.1	5.8
≥55	197	95.5	11	4.5	2.8
Education					
≤High School	131	72.1	35	27.9	9.0
>High School	371	86.6	44	13.4	4.5

¹Percents based on row denominators of less than 50 are unstable and should be used with caution

²Weighted Percent

³95% Confidence Interval

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Had Blood Cholesterol Checked in the Past Five Years

Westchester

Demographic Groups	n¹	Yes %²	n	No %	C.I.³
Total	479	78.7	102	21.3	4.4
Gender					
Male	186	75.1	47	24.9	7.2
Female	293	82.1	55	17.9	5.0
Age					
18-34	71	62.3	36	37.7	11.2
35-54	207	77.7	51	22.3	6.2
≥55	191	93.9	15	6.1	3.3
Education					
≤High School	127	71.1	37	28.9	9.0
>High School	349	82.0	64	18.0	4.8

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Adults with a Disability

Westchester

Demographic Groups	n¹	Yes %²	n	No %	C.I.³
Total	103	14.0	497	86.0	2.9
Gender					
Male	42	13.3	196	86.7	4.4
Female	61	14.5	301	85.5	3.9
Age					
18-34	11	8.5	105	91.5	5.4
35-54	36	12.0	228	88.0	4.3
≥55	54	21.4	156	78.6	5.8
Education					
≤High School	33	15.8	137	84.2	5.8
>High School	70	13.3	356	86.7	3.4

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Eat Five Fruits or Vegetable Servings per Day

Westchester

Demographic Groups	n¹	Yes %²	n	No %	C.I.³
Total	194	31.6	400	68.4	4.3
Gender					
Male	57	25.3	181	74.7	6.4
Female	137	37.5	219	62.5	5.8
Age					
18-34	33	25.9	80	74.1	9.0
35-54	85	33.3	178	66.7	6.6
≥55	72	33.7	136	66.3	7.3
Education					
≤High School	45	25.3	123	74.7	7.7
>High School	147	34.2	276	65.8	5.3

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Main Reason for Not Having Health Care Coverage

Westchester

Demographic Groups	n ¹	Changed or lost job % ²	C.I. ³	n	Could not afford %	C.I.	n	Other %	C.I.
Total	15	18.8	9.8	13	15.9	9.1	34	65.2	12.9

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No Health Care Coverage for Past Two Years Among Uninsured

Westchester

Demographic Groups	n¹	Yes %²	n	No %	C.I.³
Total	27	39.3	32	60.7	14.8

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Had a Fall in Past Three Months

Westchester

Demographic Groups	n ¹	No fall % ²	C.I. ³	n	Fall with injury %	C.I.	n	Fall no injury %	C.I.
Total	280	87.2	4.1	16	4.3	2.4	30	8.6	3.5

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Had a Flu Shot in the Past 12 Months, Aged 65 and Older

Westchester

Demographic Groups	n ¹	Yes % ²	n	No %	C.I. ³
Total	97	67.8	39	32.2	9.0

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²Weighted Percent

³95% Confidence Interval

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Had a Flu Shot in the Past 12 Months

Westchester

Demographic Groups	n ¹	Yes % ²	n	No %	C.I. ³
Total	215	32.0	375	68.0	4.3
Gender					
Male	83	30.7	151	69.3	6.6
Female	132	33.1	224	66.9	5.5
Age					
18-64	112	23.2	332	76.8	4.5
≥65	97	67.8	39	32.2	9.0
Education					
≤High School	57	29.6	108	70.4	7.9
>High School	156	32.9	265	67.1	5.1

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Ever Had a Pneumonia Shot, Aged 65 and Older

Westchester

Demographic Groups	n ¹	Yes % ²	n	No %	C.I. ³
Total	71	53.0	54	47.0	9.8

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Ever Had a Pneumonia Shot

Westchester

Demographic Groups	n¹	Yes %²	n	No %	C.I.³
Total	133	22.2	415	77.8	4.1
Gender					
Male	54	25.4	157	74.6	7.0
Female	79	19.5	258	80.5	4.5
Age					
18-64	58	14.8	356	85.2	4.3
≥65	71	53.0	54	47.0	9.8
Education					
≤High School	47	28.1	109	71.9	8.3
>High School	84	19.4	304	80.6	4.6

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Number of Cigarettes Smoked per day among Everyday Smokers

Westchester

Demographic Groups	n¹	1-10 cigarettes %²	n	≥11 cigarettes %	C.I.³
Total	34	60.9	30	39.1	13.8

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Work Indoors Most of the Time

Westchester

Demographic Groups	n ¹	Yes % ²	n	No %	C.I. ³
Total	304	80.6	60	19.4	5.1

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Smoking Policy at Place of Work among Indoor Workers*Westchester*

Demographic Groups	n¹	Not allowed anywhere %²	C.I.³	n	Allowed in some or all places %	C.I.	n	No official policy %	C.I.
Total	278	91.7	3.6	14	5.2	3.0	10	3.1	2.1
Gender									
Male	118	90.7	5.8	7	5.8	4.7	4	3.4	3.5
Female	160	92.7	4.4	7	4.6	3.7	6	2.7	2.4
Age									
18-34	54	87.5	8.7	5	7.8	7.6	5	4.7	4.6
35-54	159	92.3	4.6	8	4.9	3.6	4	2.8	3.1
≥55	62	97.0	4.2	1	1.7	3.4	1	1.3	2.5
Education									
≤High School	49	84.7	9.4	7	10.9	8.3	4	4.4	4.9
>High School	228	93.6	3.8	7	3.7	3.1	6	2.7	2.4

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Trying to Lose Weight

Westchester

Demographic Groups	n¹	Yes %²	n	No %	C.I.³
Total	276	45.4	314	54.6	4.7
Gender					
Male	79	33.1	155	66.9	7.2
Female	197	56.6	159	43.4	6.0
Age					
18-34	46	37.4	67	62.6	10.6
35-54	129	47.4	131	52.6	6.9
≥55	100	51.0	107	49.0	7.9
Education					
≤High School	75	43.0	91	57.0	8.8
>High School	200	46.6	220	53.4	5.6

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Trying to Maintain Current Weight of Those not Trying to Lose Weight

Westchester

Demographic Groups	n ¹	Yes % ²	n	No %	C.I. ³
Total	214	65.9	98	34.1	6.3
Gender					
Male	102	65.1	52	34.9	8.6
Female	112	67.2	46	32.8	9.0
Age					
18-34	36	52.2	31	47.8	13.8
35-54	90	70.3	39	29.7	9.0
≥55	84	76.8	23	23.2	9.3
Education					
≤High School	54	58.1	37	41.9	12.0
>High School	157	69.1	61	30.9	7.4

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Eating Fewer Calories or Less Fat to Lose or Maintain Weight

Westchester

Demographic Groups	n¹	Yes %²	n	No %	C.I.³
Total	366	76.1	113	23.9	4.6
Gender					
Male	130	72.5	47	27.5	8.0
Female	236	78.9	66	21.1	5.2
Age					
18-34	57	70.6	22	29.4	12.9
35-54	161	73.3	56	26.7	6.6
≥55	145	84.0	33	16.0	5.6
Education					
≤High School	95	74.8	27	25.2	9.6
>High School	269	76.8	84	23.2	5.2

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Using Physical Exercise to Lose or Maintain Weight

Westchester

Demographic Groups	n ¹	Yes % ²	n	No %	C.I. ³
Total	348	72.6	140	27.4	4.6
Gender					
Male	132	74.9	48	25.1	7.3
Female	216	70.7	92	29.3	5.8
Age					
18-34	66	81.4	15	18.6	10.3
35-54	167	75.3	52	24.7	6.6
≥55	112	63.2	71	36.8	8.0
Education					
≤High School	69	57.5	58	42.5	10.2
>High School	276	78.2	81	21.8	4.9

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Ever Had a Pap Smear

Westchester

Demographic Groups	n¹	Yes %²	n	No %	C.I.³
Total	298	95.5	11	4.5	3.2

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Had a Pap Smear in Past 3 Years

Westchester

Demographic Groups	n¹	Yes %²	n	No %	C.I.³
Total	269	86.9	38	13.1	4.8

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²Weighted Percent

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