

Aim Worksheet

Organization Name: Schenectady County Public Health Services

1. Create an **Aim Statement** for improvement. (Include numerical goals.)

By June 2010, Martin Luther King Jr. Magnet School (MLK) in Schenectady will have increased the amount of time students participate in physical activity by at least 20 minutes each week.

2. Who (what roles) would be on the improvement **team** to accomplish this aim?

Glynnis, Schenectady County Public Health Services/

Theresa, Cornell Cooperative Extension, Schenectady County/ EWPH Coordinator

Glynnis and Theresa will partner to plan and implement a physical activity initiative with MLK. We have already identified the strengths and gaps of the school's physical activity environment and are working with a team of School District Administrators and the MLK Principal to implement a physical activity intervention.

3. Given your Aim what are some **changes** that will help you reach your aim?

Changes to the school schedule to incorporate more time during the week for students to be active.